

DANCE

Program Purpose: Students who complete Dance courses will develop performing arts appreciation through exploration and analysis of dance practices in various cultural and historical contexts. Dance activity students will condition the body, develop alignment and postural awareness, and make personal discoveries through expressive practices and performance.

People who study the various specialties of dance (ballet, modern, jazz, tap and hip hop) may decide on a professional career on stage, television or in films. Many become teachers in public or private schools as well as in dance centers and studios. The dance program is designed for both the student who wishes to major in dance and the student seeking to experience dance technique classes. The grace, carriage and confidence one gains in dance as well as the physical agility and flexibility are beneficial in all aspects of life. Dance activity classes fulfill the Physical Education requirement for graduation.

Transfer Information

Students planning to transfer need to consult with a counselor, prepare a Student Education Plan, and take advantage of the support services available in the Career Transfer Center located in Fountain Hall, (805) 378-1536. Most universities require an audition for level placement in technique.

NOTE: Some courses may have credit limitations. Refer to the **Family, Credit Limitations, UC Credit Limitations** areas, and the UC Transfer Course Agreement (<http://catalog.vcccd.edu/moorpark/transfer-information/transfer-uc/#uctcatext>) page for details.

DANC M01 Dance Appreciation 3 Units

Formerly: DANC M01A

In-Class Hours: 52.5 lecture

Advisories/Rec Prep: ENGL M01A OR ENGL M01AH

Examines dance through lectures and viewing dance performances both live and on video. Presents the developments of dance within each of the major genres and analyzes the factors which have influenced change in dance historically, culturally, and as an art form.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Credit Limitations: Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only to the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

Degree Applicability: Applies to Associate Degree

AA/AS GE: C1

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: C1

IGETC: 3A

DANC M01H Honors: Dance Appreciation 3 Units

In-Class Hours: 52.5 lecture

Prerequisites: ENGL M02

Examines dance through lecture and viewing dance performances both live and on video. Presents the developments of dance within each of the major genres and analyzes the factors which have influenced change in dance historically, culturally, and as an art form. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications and enrichment opportunities.

Grade Modes: Letter Graded

Field Trips: May be required

Credit Limitations: Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only to the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

Degree Applicability: Applies to Associate Degree

AA/AS GE: None

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: C1

IGETC: 3A

DANC M03 Dance History 3 Units

In-Class Hours: 52.5 lecture

Advisories/Rec Prep: ENGL M01A OR ENGL M01AH

Introduces an array of historical and cultural influences on American concert dance forms. Explores the values seen in ballet from its origin in Renaissance Europe to the present. Addresses the cultural streams fostering the emergence of twentieth century modern and jazz dance, including the contemporary scene which is international and eclectic.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: C1

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: C1

IGETC: 3A

DANC M09A Introduction to Dance: Ballet 2 Units

In-Class Hours: 17.5 lecture, 52.5 laboratory

Introduces fundamental ballet technique and terminology, general principles of alignment, centering and posture as it relates to ballet. Includes exercises at the barre to develop flexibility, strength, control, coordination and resilience and center practice of port de bras, simple adage and allegro movements. Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M09A, DANC M10A, DANC M10B, DANC M10C, DANC M10D, DANC M40. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M10A Ballet I-Fundamentals 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Advisories/Rec Prep:* DANC M09A

Continues to introduce new movement and terminology that is part of the fundamental ballet technique. Focuses on proper alignment in Barre exercises for a strong technical foundation. Begins training in center with adage and allegro patterns. Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M10A, DANC M09A, DANC M10B, DANC M10C, DANC M10D, DANC M40. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: C1, E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M10B Ballet II - Beginning 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Advisories/Rec Prep:* DANC M10A or an equivalent skill set assessed by the department

Continues development of ballet technique at the beginning level. Focuses on consistency, stamina and details in performance of ballet at the barre and in simple center sequences. Emphasizes the mechanics and performance of transitions, weight shifts, balances, turning and extension in preparation for intermediate-level training. Addresses specific student needs for improvement. Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M10B, DANC M09A, DANC M10A, DANC M10C, DANC M10D, DANC M40. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M10C Ballet III - Intermediate 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M10B or commensurate skills demonstration

Continues the study of ballet technique at the intermediate-level both at the barre and in center work, with emphasis on the physical discipline within ballet forms and the physical abilities necessary to execute movements. Develops an appreciation of ballet as a creative art form. Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M10C, DANC M09A, DANC M10A, DANC M10B, DANC M10D, DANC M40. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M10D Ballet IV - Advanced 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M10C or commensurate skills demonstration

Presents analysis and application of kinesthetic principles for advanced ballet to further develop skills, techniques and physical capabilities. Analyzes and discusses current trends in ballet and applies them in performance. Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M10D, DANC M09A, DANC M10A, DANC M10B, DANC M10C, DANC M40. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M11A Jazz Dance I - Fundamentals 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory

Introduces basic movement skills in jazz dance technique, emphasizing an understanding and appreciation of jazz as an artistic dance form. Focuses on alignment of the body, strength, flexibility, simple locomotor patterns and stylistic movement.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M11A, DANC M11B, DANC M11C, DANC M11D. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: C1, E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M11B Jazz Dance II - Beginning 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Advisories/Rec Prep:* DANC M11A or possess the skill that is appropriate to this level, determined by placement audition

Develops jazz dance technique at the beginning level. Continues to develop the student's alignment of the body, strength, flexibility, coordination in locomotor patterns and stylistic movement.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Family:** College faculty have identified courses in the following list as a family: DANC M11B, DANC M11A, DANC M11C, DANC M11D. A student may take a maximum of four (4) courses from this family.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M11C Jazz Dance III - Intermediate 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M11B or commensurate skills demonstration

Develops jazz dance skills at the intermediate level. Emphasizes style and refinement of technical ability. Stresses more complex patterns and combinations to promote fluency in the dance form.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Family:** College faculty have identified courses in the following list as a family: DANC M11C, DANC M11A, DANC M11B, DANC M11D. A student may take a maximum of four (4) courses from this family.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M11D Jazz Dance IV - Advanced 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M11C or commensurate skills demonstration

Presents analysis and application of jazz dance technique at the advanced level with an emphasis on connectivity, fluency and mastery of the genre. Emphasizes performance style, form, technical ability and choreographic skills at the advanced/pre-professional level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Family:** College faculty have identified courses in the following list as a family: DANC M11D, DANC M11A, DANC M11B, DANC M11C. A student may take a maximum of four (4) courses from this family.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M12A Modern Dance I - Fundamentals 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory

Covers the fundamentals of modern dance techniques based on the teaching of modern dance masters such as Graham, Humphrey, Limon and Laban. Develops fundamental modern technique, basic locomotor movements, movement dynamics and qualities, elements of modern dance history, evaluation and application of dance composition, and the understanding and appreciation of modern dance as an art form.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** C1, E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M12B Modern Dance II - Beginning 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M12A

Continues to develop the basic skills in modern dance techniques based on the teaching of modern dance masters such as Graham, Humphrey, Limon, and Laban. Develops beginning modern technique, simple improvisation and composition, the understanding of the principles of alignment and motion, and the experience of movement in more complex rhythmic forms.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M12C Modern Dance III -Intermediate 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M12B or commensurate skills demonstration

Continues to study intermediate modern dance technique with an emphasis on increasing flexibility, strength and coordination. Studies dance phrases/combinations as they integrate elements of rhythm, design, dynamics and motivation. Develops an appreciation of modern dance as a creative art form.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None

DANC M12D Modern Dance IV - Advanced 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory

Prerequisites: DANC M12C or commensurate skills demonstration
Studies modern dance technique and performance at the advanced level with an emphasis on increasing flexibility, strength and coordination. Integrates elements of rhythm, design, dynamics and motivation in classroom phrases/combinations and performance. Develops an appreciation of modern dance as a creative art form.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M13A Tap I - Fundamentals 1.5 Units*In-Class Hours:* 8.75 lecture, 52.5 laboratory

Introduces the fundamentals of tap dance technique and performance. Emphasizes the rudiments of tap as the foundation for more advanced practices.

Catalog Notes: This course requires the student to purchase or otherwise acquire tap dance shoes for successful completion of the course.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M13A, DANC M13B, DANC M13C, DANC M13D. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M13B Tap II - Beginning 1.5 Units*In-Class Hours:* 8.75 lecture, 52.5 laboratory*Advisories/Rec Prep:* DANC M13A

Further develops tap dance technique at the beginning level. Focuses on the development of the motor skills and coordination of the dancers, expanding their tap dance vocabulary and fluency as performers. Integrates elements of style in performance and contextualizes the dance through historical awareness.

Catalog Notes: This course requires the student purchase or otherwise acquire tap dance shoes for successful completion of the course.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M13B, DANC M13A, DANC M13C, DANC M13D. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M13C Tap III - Intermediate Tap 1.5 Units*In-Class Hours:* 8.75 lecture, 52.5 laboratory*Prerequisites:* DANC M13B or commensurate skills demonstration*Advisories/Rec Prep:* DANC M11B

Builds upon basic tap vocabulary and techniques. Introduces musical theory concepts as they apply to the syncopated rhythms of tap dance providing an opportunity to further develop motor coordination and rhythm. Explores the fusion of tap with other dance techniques.

Catalog Notes: This course requires the student purchase or otherwise acquire tap dance shoes for successful completion of the course.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M13C, DANC M13A, DANC M13B, DANC M13D. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M13D Tap IV - Advanced 1.5 Units*In-Class Hours:* 8.75 lecture, 52.5 laboratory*Prerequisites:* DANC M13C or commensurate skills demonstration*Advisories/Rec Prep:* DANC M11C

Develops tap dance vocabulary and techniques at the advanced-level. Presents challenging syncopated rhythms and high-level motor coordination. Integrates the performance of tap tricks including pick ups, pull backs and wings, into complex rhythmic patterns. Emphasizes stylistic elements in various historical contexts. Furthers the development of the individual in choreographing for tap dance.

Catalog Notes: This course requires the student to purchase or otherwise acquire tap dance shoes for successful completion of the course.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M13D, DANC M13A, DANC M13B, DANC M13C. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M15A Choreography I: Beginning 2 Units

Formerly: DANC M15

In-Class Hours: 17.5 lecture, 52.5 laboratory

Advisories/Rec Prep: DANC M10B or DANC M11B or DANC M12B or DANC M20A or DANC M20AH

Introduces the theory and techniques of dance composition basics. Focuses on movement generation as enhanced through the analysis of choreographic exercises in space, time, shape and movement dynamics. Emphasizes student application of choreographic concepts through the development of solo and group movement compositions.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M15B Choreography II: Intermediate 2 Units

In-Class Hours: 17.5 lecture, 52.5 laboratory

Prerequisites: DANC M15A

Advisories/Rec Prep: Concurrent enrollment in a dance technique class Expands upon the principles of dance composition as an art form through practical and theoretical applications. Explores the concepts of space, time and energy in creating dances. Integrates dance movement technique as a form of expression to communicate literal and non-literal themes. Emphasizes small group choreography as well as improvisations.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M16A Hip Hop 1 - Fundamentals 1.5 Units

In-Class Hours: 17.5 lecture, 35 laboratory

Introduces the fundamentals of hip hop dancing, pop and lock, hip hop funk, krumping, freestyling, break dancing, syncopations and rhythms as applied in commercial hip hop venues. Develops flexibility, strength, control, coordination, endurance, style and the understanding and appreciation of hip hop and its cultural significance and history.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M16B Hip Hop II - Beginning 1.5 Units

In-Class Hours: 17.5 lecture, 35 laboratory

Advisories/Rec Prep: DANC M16A or an equivalent skill set assessed by the department

Presents principles of hip hop dance as a technique and embodied cultural practice at the beginning level. Builds upon foundational knowledge to further develop techniques such as pop and lock, hip hop funk, krumping, freestyling, break dancing, syncopations and rhythms as applied in commercial hip hop venues. Develops flexibility, strength, control, coordination, endurance, style and the understanding and appreciation of hip hop and its cultural significance and history at the beginning level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M16C Hip Hop III - Intermediate 1.5 Units

In-Class Hours: 17.5 lecture, 35 laboratory

Advisories/Rec Prep: DANC M16B or an equivalent skill set assessed by the department

Continues the development of hip hop dance as a technique and embodied cultural practice at the intermediate level. Focuses on performance accuracy and personal style in choreographic and improvisational settings as applied in commercial hip hop venues. Applies flexibility, strength, control, coordination, endurance, style and the understanding and appreciation of hip hop and its cultural significance and history at the intermediate level.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Field Trips: May be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M16D Hip Hop IV - Advanced 1.5 Units

In-Class Hours: 17.5 lecture, 35 laboratory

Advisories/Rec Prep: DANC M16C or possess the skill that is appropriate to this level, determined by a faculty placement assessment

Continues the development of hip hop dance as a technique and embodied cultural practice at the advanced level with an emphasis on leadership in an ensemble setting, choreographic tasks and collaborative projects. Emphasizes the creative and cultural application of the dance form to current commercial practices and specific techniques needed to meet those needs.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M17 Musical Theater Dance 0.5-2 Units*In-Class Hours:* 26.25-105 laboratory*Advisories/Rec Prep:* DANC M11A or DANC M11B*Enrollment Limitations:* Audition is required.

Emphasizes performance specific to the American musical in either a complete production of a single musical or as a revue of dance production numbers from two or more musicals. Focuses on musical theater dance skills through rehearsal and performance.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Field Trips: May be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M18 Dance Somatics/Conditioning for Dance 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory

Advisories/Rec Prep: Student must have completed at least one of the dance technique or performing classes at Moorpark College which includes the following: DANC M10A-D, DANC M11A-D, DANC M12A-D, DANC M16, DANC M17, DANC M55

Presents information pertaining to the anatomy, kinesiology, nutrition, basic injury prevention and self-care practices needed for a dancer's best performance. Includes a survey of supplemental training methods often used by dancers to support their performance. Practices fundamental conditioning and repatterning techniques often used to improve dance performance. Introduces somatic practices which may include Yoga, Pilates, Bartenieff Fundamentals, Resistance Training, Foam Rolling, Franklin Imagery or other current conditioning practices which will support a dancer's training and overall health and fitness.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

DANC M19A Conditioning Dance: Pilates I 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Advisories/Rec Prep:* DANC M18

Introduces the fundamental somatic work of Joseph H. Pilates to improve posture and alignment using apparatus, mat, and supplemental techniques. Focuses on improving strength, and flexibility alignment using the Pilates principles of: Control, Centering, Coordination, Precision, Flow and Dynamics as they apply to human movement and performance.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

DANC M19B Conditioning Dance: Pilates II 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M19A

Introduces and practices level II somatic work of Joseph H. Pilates for apparatus and mat. Develops further strength, and flexibility alignment using the Pilates principles: Control, Centering, Coordination, Precision, Flow and Dynamics as they apply to human movement and performance.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

DANC M19C Conditioning Dance: Pilates III 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M19B

Presents level III somatic work of Joseph H. Pilates for apparatus and mat. Continues to develop strength and flexibility alignment using the Pilates principles. Introduces exercise modifications as a means for injury recuperation, strengthening and well-being.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

CSU GE-Breadth: E

IGETC: None

DANC M20A Movement Improvisation I 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory

Introduces the art and practice of improvisational dance. Focuses on movement generation through the study of time, space, shape, effort and body. Stimulates the discovery of the joy of movement and the entering into a free environment in which to explore the unique and creative language of physical expression.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Field Trips: May be required

Credit Limitations: Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only to the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

Family: College faculty have identified courses in the following list as a family: DANC M20A, DANC M20AH, DANC M20B, DANC M20C. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M20AH Honors: Movement Improvisation I 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory

Introduces the art and practice of improvisational dance. Focuses on movement generation through the study of time, space, shape, effort and body. Stimulates the discovery of the joy of movement and the entering into a free environment in which to explore the unique and creative language of physical expression. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications and enrichment opportunities.

Grade Modes: Letter Graded**Field Trips:** May be required

Credit Limitations: Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only to the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

Family: College faculty have identified courses in the following list as a family: DANC M20AH, DANC M20A, DANC M20B, DANC M20C. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M20B Movement Improvisation II 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory

Prerequisites: DANC M20A or Instructor approval through audition/demonstration

Continues the development of improvisational techniques for performance and composition. Emphasizes solo performance skills in an improvisational setting.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M20B, DANC M20A, DANC M20AH, DANC M20C. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M20C Movement Improvisation III 2 Units***In-Class Hours:* 17.5 lecture, 52.5 laboratory

Prerequisites: DANCE M20B and DANC M12B or instructor approval through audition/demonstration

Advisories/Rec Prep: DANC M12C or DANC M12D

Further develops the development of improvisational movement techniques focusing on performing with a partner or group in a contact improvisation or site specific context. Explores the use of the body, space, shape, effort and time as it relates to creating improvisational performances using weight sharing and support between people and objects.

Catalog Notes: This course requires physical contact between participants.**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M20C, DANC M20A, DANC M20AH, DANC M20B. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M24 Introduction to Dance Education 1.5 Units***In-Class Hours:* 26.25 lecture*Corequisites:* MUS M24

Presents pedagogical principles and best practices for teaching dance as art in elementary education. Introduces the elements of dance, best practices, cultural, historical, and global considerations.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** None**Transfer Credit:** CSU**UC Credit Limitations:** None**CSU GE-Breadth:** None**IGETC:** None**DANC M26 Teaching Principles for Dance 3 Units***In-Class Hours:* 52.5 lecture*Advisories/Rec Prep:* ENGL M01A or ENGL M01AH

Presents principles and best practices for teaching dance in a variety of dance-focused contexts. Introduces the elements of dance, best practices, cultural, historical and global considerations. Focuses on frameworks for creative movement and methodology for dance technique classes, in both private and public sectors. Introduces developmentally appropriate and standards-based curriculum, and incorporates hands-on performing arts experiences.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** None**Transfer Credit:** CSU**UC Credit Limitations:** None**CSU GE-Breadth:** None**IGETC:** None

DANC M30A Theory and Practice of Social Dance Forms: Ballroom Dance I 1.5 Units*In-Class Hours:* 17.5 lecture, 35 laboratory

Introduces beginning ballroom dance techniques through a focus on one or more ballroom dances. Includes history, music and fundamental practices of one or more of the following: cha-cha, salsa, waltz, fox trot, samba or tango.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M30B Theory and Practice of Social Dance Forms: Ballroom Dance II 1.5 Units*In-Class Hours:* 17.5 lecture, 35 laboratory*Prerequisites:* DANC M30A

Continues to develop techniques in ballroom dancing at the beginning level by reviewing basic steps and increasing styling techniques for the fox trot, swing, waltz, cha-cha, tango, rumba, samba, mambo, polka and selected novelty dances.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M31 World Dance Cultures 3 Units*In-Class Hours:* 52.5 lecture

Surveys dance practices around the world. Analyzes similarities and differences among dance practices in reference to geographical zones, societal structures and values, religious practices, historical events, and other related art practices within the culture.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: C1, F

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: C1

IGETC: None

DANC M31L World Dance Forms 1 Unit*In-Class Hours:* 52.5 laboratory*Advisories/Rec Prep:* DANC M31

Introduces students to the historical and cultural aspects of world dance through training and performance. Includes a survey of different world dance forms or an in-depth look at a selected world dance form. Facilitates students' cultural awareness and personal expression in a new art form.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M32 Social Dance: Swing Dance 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory

Reviews American Swing Dance in the 20th century. Introduces movement theory, dance vocabulary, dance courtesy, fundamentals of music as they relate to dance, and dance history. Includes vintage or early vernacular dance forms as well as current trends.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Field Trips: Will be required

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M40 Ballet Variations 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Advisories/Rec Prep:* DANC M10C

Continues development of technical skills through the practice of ballet repertory. Emphasizes developing artistic expression in Romantic, Classical and Contemporary variations and pas de deux. Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D, and M40. A student may take a maximum of four (4) courses from a family.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Family: College faculty have identified courses in the following list as a family: DANC M40, DANC M09A, DANC M10A, DANC M10B, DANC M10C, DANC M10D. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M51 Elements of Dance Production 2 Units

Formerly: DANC M51A

In-Class Hours: 17.5 lecture, 52.5 laboratory

Advisories/Rec Prep: Any dance course

Introduces the basic elements of dance production and performance: staging, lighting, publicity, make-up, costumes, set design and construction. Culminates in the application of knowledge through participation in a dance production or dance-related event.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M53 Careers in Dance 3 Units

In-Class Hours: 52.5 lecture

Introduces the study of the dance industry. Focuses on best practices for navigating the business and industry aspects of a dance-related career and how to find and maintain gainful employment within the field.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: None

Transfer Credit: CSU

UC Credit Limitations: None

CSU GE-Breadth: None

IGETC: None

DANC M55A Dance Rehearsal & Performance I 2 Units

Formerly: DANC M55

In-Class Hours: 105 laboratory

Prerequisites: DANC M51 or concurrent enrollment

Covers the specific demands of being a member of a large dance ensemble. Focuses on learning repertory choreographed by students, faculty, and guest artists through rehearsal and performance. Explores various styles and genres of dance. Culminates in a performance of the works learned in a formal concert environment.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M55B Dance Rehearsal & Performance II 2 Units

In-Class Hours: 105 laboratory

Prerequisites: DANC M55A

Covers the specific demands of performing in a small- or medium-sized dance ensemble with greater performance responsibilities and attention to consistency of dance technique in performance. Focuses on learning repertory choreographed by students, faculty, and guest artists. Explores various styles and genres of artistic dance. Culminates in a performance of the works learned in a formal concert environment.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M55C Dance Rehearsal & Performance III 2 Units

In-Class Hours: 105 laboratory

Prerequisites: DANC M55B

Advisories/Rec Prep: Recommended concurrent enrollment in a dance technique class

Covers the specific demands of performing in a small dance ensemble, duet or solo. Emphasizes increased technical demands including nuances in style as identified and explored through dance theory. Emphasizes performance style, increased physical demands, and more demanding rehearsal technique. Focuses on learning repertory choreographed by students, faculty, and guest artists through rehearsal and performance. Explores various styles and genres of artistic dance. Culminates in a performance of the works learned in a formal concert environment.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M55D Dance Rehearsal & Performance IV 2 Units

In-Class Hours: 105 laboratory

Prerequisites: DANC M55C

Advisories/Rec Prep: Recommended concurrent enrollment in a dance technique class

Covers the specific demands of performing a leadership role within a dance performance and ensemble. Focuses on leadership responsibilities including leading warm-up, acting as a choreographer or assistant choreographer, directing small practice sessions and assisting in the coaching of newer performers. Focuses on learning repertory choreographed by students, faculty, and guest artists through rehearsal and performance. Explores various styles and genres of artistic dance. Culminates in a performance of the works learned in a formal concert environment.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M56 Performing Dance Ensemble 2 Units*In-Class Hours:* 17.5 lecture, 52.5 laboratory*Prerequisites:* DANC M55A*Advisories/Rec Prep:* DANC M10C or DANC M11C or DANC M12C

Emphasizes performance skills and techniques in preparation for non-athletic competitive environments where students can have their dance works adjudicated in intercollegiate events and conferences to promote excellence in choreography and/or performance. Provides opportunities for intermediate to advanced dance students to rehearse and present choreography in a multitude of performance venues on campus or in the community. Includes outreach activities, staging, site specific performances and touring. Requires participation in intercollegiate academic dance competitive events.

Catalog Notes: May be taken a maximum of 4 times for credit.**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Repeatable for Credit:** Course may be taken up to 3 times for credit.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** None**Transfer Credit:** CSU**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M69 MC Spirit Team Conditioning I 1 Unit***In-Class Hours:* 52.5 laboratory*Advisories/Rec Prep:* DANC M10A or DANC M11A or DANC M12A or DANC M16A

Introduces the best practices for competitive dance and cheer teams, collectively known as spirit squads. Offers skills development in dance and cheer performance techniques for participants of all levels. Includes choreographed cheer and dance routines performed regularly at Moorpark College athletic events, community outreach programs, and Moorpark College performing arts events.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M70A MC Spirit Practice and Performance I 2 Units***In-Class Hours:* 105 laboratory*Advisories/Rec Prep:* DANC M10A or DANC M11A or DANC M12A or DANC M16A*Enrollment Limitations:* Audition is required. Performance tryout is required.

Introduces the best practices for competitive dance and cheer teams, collectively known as spirit squads. Offers skills development in dance and cheer performance techniques for participants of all levels. Includes choreographed cheer and dance routines performed regularly at Moorpark College athletic events, community outreach programs, and Moorpark College performing arts events.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Field Trips:** May be required**Family:** College faculty have identified courses in the following list as a family: DANC M70A, DANC M70B, DANC M70C, DANC M70D. A student may take a maximum of four (4) courses from this family.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None**DANC M70B MC Spirit Practice and Performance II 2 Units***In-Class Hours:* 105 laboratory*Prerequisites:* DANC M70A*Advisories/Rec Prep:* DANC M10A or DANC M11A or DANC M12A or DANC M16A*Enrollment Limitations:* Audition is required. Performance tryout is required.

Continues the best practices for competitive dance and cheer teams, collectively known as spirit squads. Includes, during this second semester, skills that further develop movement and cheer performance techniques for participants of all levels. Includes choreographed cheer and dance routines performed regularly at Moorpark College athletic events, community outreach programs, and Moorpark College performing arts events.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Field Trips:** May be required**Family:** College faculty have identified courses in the following list as a family: DANC M70B, DANC M70A, DANC M70C, DANC M70D. A student may take a maximum of four (4) courses from this family.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** E2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** E**IGETC:** None

DANC M70C MC Spirit Practice and Performance III 2 Units

In-Class Hours: 105 laboratory

Prerequisites: DANC M70B

Advisories/Rec Prep: DANC M10A or DANC M11A or DANC M12A or DANC M16A

Enrollment Limitations: Audition is required. Performance tryout is required.

Develops best practices in squad leadership for competitive dance and cheer teams, collectively known as spirit squads. Offers skills development in movement and cheer performance techniques for participants at an intermediate to advanced level. Includes, possibly, an invitation to choreograph routines to be performed at Moorpark College athletic events, community outreach programs, and Moorpark College performing arts events.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Field Trips: May be required

Family: College faculty have identified courses in the following list as a family: DANC M70C, DANC M70A, DANC M70B, DANC M70D. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M70D MC Spirit Practice and Performance IV 2 Units

In-Class Hours: 105 laboratory

Prerequisites: DANC M70C

Advisories/Rec Prep: DANC M10A or M11A or M12A or M16A

Enrollment Limitations: Performance tryout is required.

Continues development of best practices in squad leadership for competitive dance and cheer teams, collectively known as spirit squads. Offers skills development in movement and cheer performance technique for participants at an intermediate to advanced level. Includes, possibly, an invitation to choreograph routines to be performed at Moorpark College athletic events, community outreach programs, and Moorpark College performing arts events.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Field Trips: May be required

Family: College faculty have identified courses in the following list as a family: DANC M70D, DANC M70A, DANC M70B, DANC M70C. A student may take a maximum of four (4) courses from this family.

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU, UC

UC Credit Limitations: None

CSU GE-Breadth: E

IGETC: None

DANC M80 Internship in Dance 1-4 Units

In-Class Hours: 60-240 unpaid cooperative, 75-300 paid cooperative

Prerequisites: Completion of or concurrent enrollment in one course in the discipline and instructor approval

Provides on-the-job learning to develop effective work habits, attitudes, and career awareness in paid or unpaid internships that are related to the discipline. Involves the development and documentation of learning objectives and the completion of an internship paper, presentation, or project. Includes both workplace supervisor and faculty adviser feedback and/or written evaluations. Course Credit Limitation: To take this course, contact the Career Transfer Center. Requires orientation session. Students receive one unit of credit for each 60 hours unpaid or 75 hours paid work. May enroll in up to 4 units a semester with a maximum of 16 total units of any type of work experience.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Repeatable for Credit: Course may be taken up to 3 times for credit.

Degree Applicability: Applies to Associate Degree

AA/AS GE: None

Transfer Credit: CSU

UC Credit Limitations: None

CSU GE-Breadth: None

IGETC: None

DANC M122 Independent Study - Dance 0.5-3 Units

In-Class Hours: 26.25-157.5 laboratory

Prerequisites: Completion of one course in dance and instructor approval

Allows independent study for students who wish to extend their knowledge of a particular area of dance through research, study, practice or performance. Utilizes an approved independent project. Includes one-on-one work with instructor. Interested students should contact a Dance instructor for assistance in developing a contract for learning about a specific topic.

Grade Modes: Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

Degree Applicability: Applies to Associate Degree

AA/AS GE: E2

Transfer Credit: CSU

UC Credit Limitations: None

CSU GE-Breadth: None

IGETC: None

- Dance, Associate in Arts (<http://catalog.vcccd.edu/moorpark/programs-courses/dance/dance-aa/>)
- Dance Arts, Certificate of Achievement (<http://catalog.vcccd.edu/moorpark/programs-courses/dance/dance-coa/>)
- Commercial Dance, Proficiency Award (<http://catalog.vcccd.edu/moorpark/programs-courses/dance/commercial-dance-pa/>)

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