

# PSYCHOLOGY

The Psychology program at Oxnard College studies mental processes and human behavior. It offers courses exploring different aspects of people's behavior and thinking. Students interested in the major and general education will find several courses addressing their specific interests, as well as those with Workforce and Continuing Education needs.

The major is designed to prepare the student for higher level studies at California State University, The University of California, and other institutions.

## University of California Limitation on Transfer of Statistics Courses

The UC will give credit for a maximum of one Statistics course:

Course ID	Title	Units/ Hours
Select one of the following:		3-4
MATH R105	Introductory Statistics	
MATH R105H	Honors: Introductory Statistics	
PSY R103	Beginning Statistics for Behavioral Science	
SOC R125	Statistics for the Behavioral and Social Sciences	

**NOTE:** The UC limits enrollment in some courses. See the UC Transfer Course Agreement (<http://catalog.vcccd.edu/oxnard/transfer-information/transfer-uc/#uctcatext>) page for details.

### PSY R101 General Psychology 3 Units

*In-Class Hours:* 52.5 lecture

*C-ID:* PSY 110

Psychology is the scientific study of behavior and mental processes. This course will introduce students to major psychological theories and concepts, methods, and research findings in psychology. The course will cover the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, applied psychology, and psychological disorders and therapeutic approaches. In addition, the course will examine the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of "C" or better or "P".

**Grade Modes:** Letter Graded

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D, E

**IGETC:** 4

### PSY R101H Honors: General Psychology 3 Units

*In-Class Hours:* 52.5 lecture

*C-ID:* PSY 110

Psychology is the scientific study of behavior and mental processes. This course will introduce students to major psychological theories and concepts, methods, and research findings in psychology. The course will cover the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, applied psychology, and psychological disorders and therapeutic approaches. In addition, the course will examine the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation. Honors work challenges students to be more analytical and creative through expanded assignments, real-world applications, and enrichment opportunities. Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of C or better or "P".

**Grade Modes:** Letter Graded

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D, E

**IGETC:** 4

### PSY R102 Interpersonal Relations 3 Units

*Formerly:* PSY R102A

*In-Class Hours:* 52.5 lecture

*C-ID:* PSY 115

The class provides an exploration of personal awareness and interaction. Students will learn to apply psychological principles of human behavior, explore ways of knowing themselves, and learn how they are perceived by others. A combination of experimental and theoretical approaches is used to increase awareness, clarify values, and aid in decision-making that is sensitive to factors such as culture, gender, ethnicity, historical cohort, and socio-economic status of others.

**Grade Modes:** Letter Graded

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**PSY R103 Beginning Statistics for Behavioral Science 3 Units***In-Class Hours:* 52.5 lecture, 17.5 laboratory*Prerequisites:* Course taught at the level of intermediate algebra or placement as determined by the college's multiple measures assessment process*C-ID:* MATH 110

This course is designed for students majoring in psychology, sociology and anthropology. The emphasis is on the use of statistics in behavioral science research. Topics discussed include procedures in hypothesis testing, descriptive, inferential and correlational statistics.

**Grade Modes:** Letter Graded**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** D2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** B4**IGETC:** 2A**PSY R104 Research Methods in Psychology 3 Units***In-Class Hours:* 52.5 lecture*Prerequisites:* PSY R101; and PSY R103 or MATH R105 or MATH R105H*C-ID:* PSY 200

This psychological methods course emphasizes research design; experimental procedures and techniques; descriptive methodology; and the collection, analysis and interpretation of research data. The course details the scientific method, as well as ethical considerations in psychological research.

**Grade Modes:** Letter Graded**Field Trips:** May be required**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D**IGETC:** 4**PSY R105 Introduction to Physiological Psychology 3 Units***In-Class Hours:* 52.5 lecture*Prerequisites:* PSY R101*C-ID:* PSY 150

The course provides exploration of physiological bases of behavior. Topics include: neural impulses and sensory processes, neural basis of reinforcement, electrical stimulation of the brain, memory, learning, emotion, biofeedback, split-brain studies, and research on right and left hemispheres. Emphasis is on current research findings as well as ethical standards and implications.

**Grade Modes:** Letter Graded**Field Trips:** May be required**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** D2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** B2**IGETC:** 5B**PSY R108 Developmental Psychology 3 Units***In-Class Hours:* 52.5 lecture*C-ID:* PSY 180

The course explores the path of human physical, cognitive, social and emotional development from the beginning of life through death. The emphasis is placed on normal development patterns using current information, child-rearing practices and their effects on later development.

**Grade Modes:** Letter Graded**Field Trips:** May be required**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D, E**IGETC:** 4**PSY R110 Human Sexuality 3 Units***In-Class Hours:* 52.5 lecture*C-ID:* PSY 130

The course examines human sexuality with contributions from various disciplines: medicine, biology, psychology, anthropology, sociology, public health. Human sexuality will be examined from psychological, biological, sociocultural, and historical perspectives. Emphasis is placed on the individual's sexuality and sexual attitudes, values, and behaviors. Current sex norms and various aspects of interpersonal and individual sexual behaviors are examined.

**Grade Modes:** Letter Graded**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D, E**IGETC:** 4**PSY R111 The Exceptional Child 3 Units***Formerly:* CD R108*Same-As:* ECE R108*In-Class Hours:* 52.50 lecture

This course is designed to give educators and other caregivers an overview of children with exceptional characteristics. The main emphasis of this course is to provide an introduction to the broad span of children with exceptional characteristics and to the field of special education. Cultural backgrounds, beliefs, and linguistic practices that can impede parent involvement will be examined and students will be taught to identify ways school personnel can help families understand school culture, policies, and practices. Students will be introduced to the Individuals with Disabilities Education Act (IDEA) and related laws and regulations that impact special education and support programs and learn basic classroom management theories and strategies for individuals with exceptional learning needs.

**Grade Modes:** Letter Graded**Field Trips:** May be required**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU**UC Credit Limitations:** None**CSU GE-Breadth:** None**IGETC:** None

**PSY R115 Introduction to Public Mental Health 3 Units**

*In-Class Hours:* 52.5 lecture

This is an introductory course for students interested in public mental health. An overview of the history of public mental health, the types and functions of agencies, practices, careers, professional ethics, current trends and issues is provided.

**Grade Modes:** Letter Graded

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** None

**Transfer Credit:** CSU

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**PSY R122 Psychology of Gender 3 Units**

*In-Class Hours:* 52.5 lecture

This course examines the psychological research on gender. The psychosocial implications of sex differences and similarities in behavior, cognition, and personality are explored. Emphasis is placed on gender identity, gender roles and conflicts, status, gender stereotypes, masculinity, career and education dynamics, aspects of sexuality and partnering, and mental health.

**Grade Modes:** Letter Graded

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2, F

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D, E

**IGETC:** 4

**PSY R131 Abnormal Psychology 3 Units**

*Same-As:* ADS R131

*In-Class Hours:* 52.5 lecture

*C-ID:* PSY 120

This course surveys various definitions, causes, and treatment methods relative to abnormal behavior. This course also covers psychological, biological and sociocultural theories of abnormal behavior. Topics include: diagnosis of abnormal behavior, clinical syndromes, various forms of intervention and preventive strategies.

**Grade Modes:** Letter Graded

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D

**IGETC:** 4

- Psychology, Associate in Arts for Transfer (<http://catalog.vcccd.edu/oxnard/programs-courses/psychology/psychology-aat/>)

*For more information, contact:*

**Celina Benavides-Black** 805-678-5317 [cbenavidesblack@vcccd.edu](mailto:cbenavidesblack@vcccd.edu)

**Samantha Marshall** 805-678-5318 [smarshall@vcccd.edu](mailto:smarshall@vcccd.edu)