

ASSOCIATE DEGREE IN GENERAL STUDIES PATTERN I

Associate Degree in General Studies Pattern I

About the Associate in Arts (AA) Degree in General Studies Pattern I

This pattern provides an opportunity to earn an Associate in Arts (AA) in General Studies. Each area of emphasis within this pattern covers a broad area of study and is intended for students who may not be planning to transfer to a four-year university or who may need to explore possibilities before committing themselves to a major.

Requirements for the Associate in Arts (AA) Degree in General Studies Pattern I

1. Choose an area of emphasis from one of four Ventura College area-of-emphasis lists below and complete the courses required for that area of emphasis (a minimum of 18 semester units of degree-applicable college credit coursework). Courses for the area of emphasis must be completed with a grade of "C" or better or "P" if the course is taken on a "pass-no pass" basis (Title 5 § 55063 (<https://govt.westlaw.com/calregs/Document/I0A0D2703ECD14733B411676D23F9752F/>)). Even though a "P" is allowed, it is recommended that students complete all coursework in the area of emphasis for a letter grade ("A," "B," or "C"). At least 6 units of the 18 units required for the area of emphasis must be completed within a single discipline.

Note: Universities have limitations on the number of units that may be taken on a "pass-no pass" basis and therefore it is strongly recommended that students take all coursework in the area of emphasis for a letter grade. Most universities also have limitations on the number of general education units that may be completed on a "pass/no pass" basis.

2. Complete Ventura College's General Education requirements (<http://catalog.vcccd.edu/ventura/general-education/general-education-requirements/>) (areas A through F)
 - a. **Natural Sciences** (a minimum of 6 semester units)
 - Biological Science: one (1) course
 - Physical Science: one (1) course
 - b. **Social and Behavioral Sciences** (a minimum of 6 semester units)
 - American History and Institutions: one (1) course
 - Social and Behavioral Sciences: one (1) course
 - c. **Humanities** (a minimum of 6 semester units)
 - Fine Arts / Performing Arts: one (1) course
 - Humanities: one (1) course
 - d. **Language and Rationality** (a minimum of 6 semester units)
 - English Composition: one (1) course
 - Communication and Analytical Thinking: one (1) course
 - e. **Health and Physical Education/Kinesiology** (no unit minimum)
 - Health Education: one (1) course
 - Physical Education/Kinesiology, Intercollegiate Athletics, or Dance activity: one (1) activity course
 - f. **Ethnic/Gender Studies** (a minimum of 3 semester units)
 - Ethnic/Gender Studies: one (1) course

3. Satisfactorily complete at least 60 semester units of degree-applicable college coursework (including general education, area of emphasis, and, if needed, free electives).
4. Demonstrate competency in reading, written expression, and mathematics as defined in Title 5 § 55063 (<https://govt.westlaw.com/calregs/Document/I0A0D2703ECD14733B411676D23F9752F/>) for the appropriate catalog year.
5. Achieve a cumulative grade point average (GPA) of 2.0 or better in degree-applicable college credit coursework.
6. Complete a minimum of 12 semester units in residence at the college granting the degree. Exceptions to the residency requirement can be made by the VCCCD Board of Trustees when injustice or undue hardship would result.
7. Apply for the Associate Degree in the Counseling Office by the published deadline dates. All of the student's official transcripts and test scores (such as AP, IB, or CLEP) must be on file with the Admissions and Records office.

Note: *Students planning to transfer to a four-year university are advised that this curriculum may not adequately prepare them for transfer. General Studies Patterns II and III degrees (<http://catalog.vcccd.edu/ventura/graduation-requirements/associate-degree-general-studies-pattern-ii-iii/>) are designed for transfer students.*

References: AP 4025 Philosophy and Criteria for Associate Degree and General Education (<http://go.boarddocs.com/ca/vcccd/Board.nsf/goto/?open&id=ALAN5X5BD3BC>); last reviewed by the VCCCD Board of Trustees in May 2017. AP 4100 Graduation Requirements for Degrees and Certificates (<http://go.boarddocs.com/ca/vcccd/Board.nsf/goto/?open&id=BUMRUU6E90A1>); last reviewed by the VCCCD Board of Trustees in December 2022.

Areas of Emphasis for Pattern I Offered at Ventura College

At the time of catalog publication, a student may earn the following General Studies AA Pattern I (Area of Emphasis) degrees at Ventura College:

Natural Sciences Emphasis

The courses that fulfill the Natural Sciences area of emphasis will examine the physical universe, its life forms, and its natural phenomena. The courses are designed to develop students' appreciation and understanding of the scientific method and encourage an understanding of the relationships between science and other human activities.

Course ID	Title	Units/ Hours
AG V04	Introduction to Soil Science	3
AG V06	Introduction to Plant Science (with Laboratory)	3
AG V21	Introduction to Integrated Pest Management (IPM)	3
AG V22	Introduction to Plant Pathology: Insects and Diseases of Plants	3
AG V30	Plant Propagation and Production	3
AG V42	Plant Identification and Culture: Spring Specimens	3

AG V43	Plant Identification and Culture: Fall Specimens	3	GEOG V05	Introduction to Weather and Climate	3
AG V61	Introduction to Animal Science	3	GEOG V22	Fundamentals of Mapping and Geographic Information Systems	3
AG V66	Anatomy and Physiology of Animals	4	GEOL V02	Physical Geology	3
ANAT V01	Human Anatomy	4	GEOL V02L	Physical Geology Laboratory	1
ANPH V01	Introduction to Human Anatomy and Physiology	5	GEOL V03	Historical Geology	3
ANTH V01	Biological Anthropology	3	GEOL V03L	Historical Geology Laboratory	1
ANTH V01L	Biological Anthropology Laboratory	1	GEOL V07	Geology of National Parks	3
ANTH V35	Introduction to Forensic Science	3	GEOL V09	Earth Science with Laboratory	4
ANTH V35L	Introduction to Forensic Science Laboratory	1	GEOL V11	Introduction to Oceanography	3
ANTH V36	Forensic Anthropology	3	GEOL V21	Natural Disasters	3
AST V01	Elementary Astronomy	3	GIS V22	Fundamentals of Mapping and Geographic Information Systems	3
AST V01L	Elementary Astronomy Laboratory	1	MICR V01	General Microbiology	4
BIOL V01	Principles of Biology	3	NS V07	Pharmacology	3
BIOL V01L	Principles of Biology Laboratory	1	PHSC V01	Concepts in Physical Science	4
BIOL V03	Introduction to Organismal Biology and Ecology	5	PHSO V01	Human Physiology	4
BIOL V04	Introduction to Cell and Molecular Biology	5	PHYS V01	Elementary Physics	5
BIOL V10	Introduction to Environmental Issues	3	PHYS V02A	General Physics I: Algebra/Trigonometry-Based	4
BIOL V12	Human Biology	3	PHYS V02AL	General Physics I Laboratory: Algebra/Trigonometry-Based	1
BIOL V14	Field Biology	4	PHYS V02B	General Physics II: Algebra/Trigonometry-Based	4
BIOL V18	Human Heredity	3	PHYS V02BL	General Physics II Laboratory: Algebra/Trigonometry-Based	1
BIOL V23		4	PHYS V03A	General Physics I: Calculus-Based	4
BIOL V29	Marine Biology	3	PHYS V03AL	General Physics I Laboratory: Calculus-Based	1
BIOL V29L	Marine Biology Laboratory	1	PHYS V03B	General Physics II: Calculus-Based	4
CHEM V01A	General Chemistry I	3	PHYS V03BL	General Physics II Laboratory: Calculus-Based	1
CHEM V01AL	General Chemistry I Laboratory	2	PHYS V04	Mechanics for Scientists and Engineers	4
CHEM V01B	General Chemistry II	3	PHYS V04L	Mechanics Laboratory for Scientists and Engineers	1
CHEM V01BL	General Chemistry II Laboratory	2	PHYS V05	Electricity and Magnetism for Scientists and Engineers	4
CHEM V12A	General Organic Chemistry I	3	PHYS V05L	Electricity and Magnetism Laboratory for Scientists and Engineers	1
CHEM V12AL	General Organic Chemistry I Laboratory	2	PHYS V06	Optics, Heat, and Modern Physics: For Scientists and Engineers	4
CHEM V12B	General Organic Chemistry II	3	PHYS V06L	Optics, Heat, and Modern Physics Laboratory for Scientists and Engineers	1
CHEM V12BL	General Organic Chemistry II Laboratory	2	PSY V03	Introduction to Biological Psychology	3
CHEM V20	Elementary Chemistry	4			
CHEM V20L	Elementary Chemistry Laboratory	1			
CHEM V21	Introduction to Organic and Biochemistry	3			
CHEM V21L	Introduction to Organic and Biochemistry Laboratory	2			
CHEM V30	Chemistry for Health Sciences	4			
CHEM V30L	Chemistry for Health Sciences Laboratory	1			
CJ V35	Introduction to Forensic Science	3			
CJ V35L	Introduction to Forensic Science Laboratory	1			
CJ V36	Forensic Anthropology	3			
ESRM V01	Introduction to Environmental Issues	3			
ESRM V02	Introduction to Environmental Science	3			
ESRM V10	Environmental Ecology	3			
ESRM V14	Conservation of Natural Resources	3			
GEOG V01	Elements of Physical Geography	3			
GEOG V01L	Elements of Physical Geography Laboratory	1			

Social and Behavioral Sciences Emphasis

The courses that fulfill the Social and Behavioral Sciences area of emphasis will examine people as members of society. The courses are designed to:

- develop students' awareness of the method of inquiry used by the social and behavioral sciences,
- stimulate critical thinking about the ways people respond to their societies, and
- promote appreciation of how societies and social subgroups operate.

Course ID	Title	Units/ Hours			
AES V01	Native Peoples of North America	3	FILM V11	History of International Cinema: World War II to the Present	3
AES V02A	United States History: Focus on Native Americans to Reconstruction	3	GEOG V02	Introduction to Human Geography	3
AES V02B	United States History: Focus on Native Americans Since the Civil War	3	GEOG V06	Geography of California	3
AES V11	Racial and Ethnic Group Relations	3	GEOG V08	World Regional Geography	3
AES V20	Introduction to Chicano Studies	3	GEOG V16	Regional Field Studies	1
AES V21A	The Heritage of Mexico to the First Republic	3	HIST V13	African American Experience	3
AES V21B	The Heritage of Mexico Since Liberation	3	HIST V16	United States History: Focus on Foreign Relations	3
AES V22	United States History: Focus on Chicanos since 1850	3	HIST V30		3
AES V23	Chicana/o/x and Latina/o/x Studies Issues	3	HIST V32	United States History: Focus on Women to 1860	3
AES V24	Sociology of the Chicano Community	3	HIST V43	United States History: Focus on African Americans to Reconstruction	3
AES V40A	United States History: Focus on African Americans to Reconstruction	3	HIST V44	History of the Americas to 1821	3
AES V40B	United States History: Focus on African Americans Since Reconstruction	3	HIST V45	United States History: Focus on Native Americans to Reconstruction	3
AES V41	African American Experience	3	HIST V46	United States History to 1877	3
AES V42A	African History to 1800	3	HIST V48	The Heritage of Mexico to the First Republic	3
AES V42B	African History since 1800	3	HIST V50	United States History: Focus on Asian Americans	3
AES V61		3	HIST V51	United States History: Focus on African Americans Since Reconstruction	3
AES V63	United States History: Focus on Asian Americans	3	HIST V53	United States History: Focus on Women since 1860	3
AG V12	Agriculture Economics	3	HIST V54	History of the Americas since 1763	3
ANTH V02	Cultural Anthropology	3	HIST V55	United States History: Focus on Native Americans Since the Civil War	3
ANTH V03	Introduction to Archaeology	3	HIST V56	United States History since 1877	3
ANTH V04	Native Peoples of North America	3	HIST V57	The Heritage of Mexico Since Liberation	3
ANTH V05	Linguistic Anthropology: Culture and Communication	3	HIST V58	United States History: Focus on Chicanos since 1850	3
ANTH V06	Sex, Gender, and Culture	3	HIST V59	History of California	3
ANTH V07	The Anthropology of Magic, Witchcraft, and Religion	3	HIST V70	Introduction to Western Civilization to the Scientific Revolution	3
ANTH V35	Introduction to Forensic Science	3	HIST V73	African History to 1800	3
ANTH V35L	Introduction to Forensic Science Laboratory	1	HIST V76	World History to 1550	3
ANTH V36	Forensic Anthropology	3	HIST V78	History of Modern Middle East	3
BUS V30	Introduction to Business	3	HIST V79	Introduction to the History of East Asia	3
CD V02	Child Growth and Development	3	HIST V82	Introduction to Western Civilization since the Scientific Revolution	3
CD V03	Human Development	3	HIST V83	African History since 1800	3
CD V05	Teaching in a Diverse Society	3	HIST V86	World History Since 1550	3
CD V10	Introduction to Children with Special Needs	3	HIST V87	Introduction to the History of Science and Technology	3
CD V27	Infant and Toddler Development	3	POLS V01	American Government	3
CD V61	Child, Family, and Community	3	POLS V02	Comparative Government	3
CHST V01	Introduction to Chicano Studies	3	POLS V03	Introduction to Political Science	3
CHST V02	Chicana/o/x and Latina/o/x Studies Issues	3	POLS V04	Introduction to Political Theory	3
CHST V24	Sociology of the Chicano Community	3	POLS V05	Introduction to International Relations	3
ECON V01A	Principles of Macroeconomics	3	POLS V09	United States-Mexico Relations	3
ECON V01B	Principles of Microeconomics	3	POLS V10		4
ESRM V03	Introduction to Environmental Policy and Natural Resource Management	3	POLS V11	Government & Politics of Mexico	3

POLS V12	Introduction to Environmental Policy and Natural Resource Management	3	ART V03	Introduction to African and Pre-Columbian Art	3
POLS V14	Global Studies	3	ART V04	Introduction to Renaissance and Baroque Art	3
POLS V17	Introduction to American Law	3	ART V05	Introduction to American Art	3
POLS V18	Introduction to Global Issues	3	ART V06	Introduction to Modern Art	3
POLS V89C			ART V07	Introduction to Women in the Arts	3
PSY V01	Introduction to Psychology	3	ART V08	Introduction to Asian Art	3
PSY V02	Personal Growth and Social Awareness	3	ART V09A	Art of the Ancient Americas	3
PSY V05	Introduction to Developmental Psychology	3	ART V09B	Introduction to Modern and Contemporary Latin American Art	3
PSY V07	Introduction to Research Methods in Social and Behavioral Sciences	3	ART V11A	Color and Design: Two-Dimensional Design	3
PSY V15	Introduction to Abnormal Psychology	3	ART V11B	Color and Design: Color Theory and Practice	3
PSY V25	Psychology of Human Sexuality	3	ART V12A	Drawing and Composition I	3
PSY V29	Introduction to Personality Psychology	3	ART V12B	Drawing and Composition II	3
PSY V30	Multicultural Psychology	3	ART V13A	Life Drawing I	3
PSY V31	Introduction to Social Psychology	3	ART V13B	Life Drawing II	3
SOC V01	Introduction to Sociology	3	ART V15A	Life Painting I	3
SOC V02	Social Problems	3	ART V16A	Beginning Oil Painting I	3
SOC V03	Racial and Ethnic Group Relations	3	ART V19	Three-Dimensional Design	3
SOC V04	Sociology of Gender Roles	3	ART V27	Metal Art Sculpture	3
SOC V05	Sociology of Relationships: Intimacy, Commitment, and Family Patterns	3	ART V29A	Illustration I	3
SOC V07	Sociological Analysis	3	ART V46A	Beginning Acrylic Painting I	3
SOC V13	Sociology of Deviance, Crime, and Society	3	ART V50A	Handbuilding Ceramics I	3
SOC V24	Sociology of the Chicano Community	3	ART V51A	Beginning Ceramics I	3
SOC V31	Introduction to Social Psychology	3	ART V58A	Figure Sculpture I	3
SWHS V01	Introduction to Social Work and Human Services	3	ART V68	Introduction to Digital Art	3

Arts and Humanities Emphasis

The courses that fulfill the Arts and Humanities area of emphasis will examine the cultural activities and artistic expressions of human beings. The courses are designed to develop students' awareness of the ways in which people throughout the ages and in different cultures have responded to themselves and the world around them in artistic and cultural creation and to develop students' aesthetic understanding and ability to make value judgments.

Course ID	Title	Units/Hours	Course ID	Title	Units/Hours
AES V10	Introduction to African and Pre-Columbian Art	3	ART V71	Graphic Design: Typography	3
AES V12			ART V72	Introduction to Graphic Design	3
AES V61		3	COMM V01	Introduction to Speech Communication	3
AES V63	United States History: Focus on Asian Americans	3	COMM V03	Group Communication	3
AES V65	Introduction to Asian Art	3	COMM V05	Oral Interpretation and Communication of Literature	3
AES V66	Introduction to Modern and Contemporary Latin American Art	3	COMM V10	Critical Thinking in Oral Communication: Argumentation and Debate	3
AES V67		3	COMM V12	Intercultural Communication	3
ART V01	Art Appreciation	3	COMM V15	Interpersonal Communication	3
ART V02A	Introduction to the History of Western Art I	3	COMM V16	Introduction to Mass Communications	3
ART V02B	Introduction to the History of Western Art II	3	DANC V01	Dance Appreciation	3
ART V02C		3	DANC V02	Dance History	3
ART V02D	Art of the Ancient Mediterranean	3	DANC V03		3
			DANC V04		2
			DANC V10A	Modern I	2
			DANC V13A	Tap I	2
			DANC V14	Movement for the Theatre	2
			DANC V15A	Ballet I	2
			DANC V23	Ballroom Dance	2
			DANC V27	Street Dance	2
			DANC V29A	Jazz I	2
			DANC V30A	Dance Performance I	3
			DANC V50A	Composition I	2

ENGL V01B	Critical Thinking and Composition Through Literature	4	ITAL V02	Elementary Italian II	5
ENGL V01C	Critical Thinking and Writing	3	JAPN V01	Elementary Japanese I	5
ENGL V10	Creative Writing	3	JAPN V02	Elementary Japanese II	5
ENGL V11A	Intermediate Creative Writing I	3	MUS V01	Fundamentals of Music	3
ENGL V12	Introduction to Media Writing	3	MUS V03	Introduction to World Music	3
ENGL V15	Introduction to Poetry	3	MUS V06	History of Rock and Roll	3
ENGL V16	Introduction to Fiction	3	MUS V07	History of Jazz	3
ENGL V18	Children's Literature and Film	3	MUS V08	Music Appreciation	3
ENGL V21A	British Literature before 1800	3	MUS V09A	Western Music History and Literature I: Antiquity to 1750	3
ENGL V21B	British Literature since 1800	3	MUS V09B	Western Music History and Literature II: 1750 to the Present	3
ENGL V22A	American Literature: Colonial Period to 1865	3	MUS V39	Introduction to Music Technology	3
ENGL V22B	American Literature: 1865 to Present	3	PHIL V01	Introduction to Philosophy	3
ENGL V23	Introduction to Dramatic Literature	3	PHIL V02	Introduction to Ethics	3
ENGL V26	Introduction to Shakespeare and Film	3	PHIL V03A	Survey of World Religions: East	3
ENGL V29A	Aesthetics of Film I	3	PHIL V03B	Survey of World Religions: West	3
ENGL V29B	Aesthetics of Film II	3	PHIL V04	Introduction to Logic	3
ENGL V30	World Literature: Antiquity to 1650	3	PHIL V06A		3
ENGL V31	World Literature: 1650 to Present	3	PHIL V06B		3
ENGL V33	Introduction to African American Literature	3	PHIL V09	Zen Buddhism	3
ENGL V34	Introduction to Chicana/o Literature	3	PHIL V10	World Mythology	3
ENGL V35	Introduction to Multicultural American Literature	3	PHIL V12	Introduction to Religion	3
ENGL V36	Women in Literature	3	PHIL V14	Confucianism and Taoism	3
FILM V01	Introduction to Media Aesthetics and Cinematic Arts	3	PHIL V15	Teachings of Jesus in Comparative Perspective	3
FILM V04	Documentary Filmmaking	3	PHOT V01	Beginning Photography	3
FILM V05	Narrative Filmmaking	3	PHOT V02	Digital Studio	3
FILM V10	Contemporary American Cinema	3	PHOT V07	History of Photography	3
FREN V01	Elementary French I	5	SL V10A		3
FREN V02	Elementary French II	5	SL V10B		3
GERM V01	Elementary German I	5	SL V10C		3
GERM V02	Elementary German II	5	SPAN V01	Elementary Spanish I	5
HIST V43	United States History: Focus on African Americans to Reconstruction	3	SPAN V02	Elementary Spanish II	5
HIST V45	United States History: Focus on Native Americans to Reconstruction	3	SPAN V03	Intermediate Spanish I	5
HIST V50	United States History: Focus on Asian Americans	3	SPAN V03S	Spanish Heritage Language I	5
HIST V51	United States History: Focus on African Americans Since Reconstruction	3	SPAN V04	Intermediate Spanish II	5
HIST V55	United States History: Focus on Native Americans Since the Civil War	3	SPAN V04S	Spanish Heritage Language II	5
HIST V58	United States History: Focus on Chicanos since 1850	3	THA V01	Introduction to Theatre	3
HIST V70	Introduction to Western Civilization to the Scientific Revolution	3	THA V02A	Acting I	3
HIST V76	World History to 1550	3	THA V05A	Stagecraft I	3
HIST V79	Introduction to the History of East Asia	3	THA V05B	Stagecraft II	3
HIST V82	Introduction to Western Civilization since the Scientific Revolution	3	THA V06A	Makeup I	3
IDS V08		3	THA V06B	Makeup II	3
ITAL V01	Elementary Italian I	5	THA V08	Script Analysis	3
			THA V11A	Technical Theatre in Production I	1
			THA V13A	Rehearsal and Performance I	1
			THA V20	Costume Design and History	3
			THA V22A	Costume Technology I	3
			THA V22B	Costume Technology II	3
			THA V28	Introduction to Cinema	3
			THA V29A	History of Motion Pictures I	3
			THA V29B	History of Motion Pictures II	3

THA V30A	Screenwriting I	3
THA V31A	Acting for Film and Television I	3
THA V31B	Acting for Film and Television II	3
WEL V27	Metal Art Sculpture	3

Holistic Health Studies Emphasis

The courses that fulfill the Holistic Health Studies area of emphasis will study the principles underlying the mind-body-spirit connection and their relevance for guiding human beings through the major foundational experiences of life. This emphasis is visionary in nature, reflecting changes already occurring in society in general and in the local community specifically.

Course ID	Title	Units/ Hours
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Required Core Courses

HED V71	Survey of Alternative and Integrative Medicine	3
HED V73	Introduction to Holistic Health and Healing	3

Required Additional Courses

Select one course from each of the following areas: 14

Spiritual Courses:

HED V70	Spiritual Health
or PHIL V09	Zen Buddhism

Culture, Philosophy and Religion Courses:

ANTH V07	The Anthropology of Magic, Witchcraft, and Religion
PHIL V03A	Survey of World Religions: East
PHIL V03B	Survey of World Religions: West
SOC V02	Social Problems

Health and Human Development Courses:

HED V01	Health and Wellness
HED V02	Health and Wellness: Designed for Women
HED V03	Fundamentals of Nutrition and Fitness
HED V30	
HED V76	Managing Stress
PSY V02	Personal Growth and Social Awareness

Mind, Body and Spirit Courses:

KIN V50A	Aikido I
KIN V50B	Aikido II
KIN V70A	Yoga I
KIN V70B	Yoga II
KIN V72	Stress Reduction Activities
KIN V74A	Core Balance and Fitness
KIN V74B	Advanced Core Balance and Fitness
KIN V76A	Tai Chi I
KIN V76B	Tai Chi II

Aerobic and Resistance Training Courses:

KIN V10	Aerobic and Strength Training
KIN V12	Bicycle Conditioning: Spinning
KIN V14	Step Aerobics
KIN V16	Aerobic Kickboxing
KIN V18	Cardiovascular Fitness: Machine Training
KIN V19	Indoor Cross Fitness Training

KIN V20	Walking to Restore Fitness
KIN V21	Fitness Walking/Jogging
KIN V22	Running for Fitness
KIN V23	Advanced Running/Interval Training
KIN V26	Weight Training and Conditioning: Free Weights
KIN V28	Conditioning: Designed for Women
KIN V34	
Science and the Environment Courses:	
BIOL V01	Principles of Biology
BIOL V10	Introduction to Environmental Issues
BIOL V12	Human Biology
ESRM V01	Introduction to Environmental Issues
GEOG V01	Elements of Physical Geography
GEOG V02	Introduction to Human Geography
GEOG V06	Geography of California