

NUTRITION AND DIETETICS, ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science Degree in Nutrition and Dietetics for Transfer (Nutrition and Dietetics AS-T) is intended for students who plan to complete a bachelor's degree in Nutrition and Dietetics or a similar major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major.

To earn a Nutrition AS-T degree, students must complete:

1. Certified completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - a. The Intersegmental General Education Transfer Curriculum (IGETC-CSU) or the California State University General Education-Breadth Requirements.
 - b. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0 on transfer courses.
3. Obtainment of a "C" grade or better, or "P," in all courses required for the major or area of emphasis. Although a "P" grade is allowed (Title 5, Section 55063), it is recommended that students take the course for a letter grade (A, B, or C) due to unit limitations on "P/NP" courses.
4. Complete a minimum of 12 units in residency at the college granting the degree.

Course ID	Title	Units/ Hours
Required Core		
CHEM V01A	General Chemistry I	3
CHEM V01AL	General Chemistry I Laboratory	2
HED V87	Nutrition	3
MICR V01	General Microbiology	4
PSY V01	Introduction to Psychology	3
Units from List A		8-10
Units from List B		3-4
Additional Units/Requirements		
Completion of CSU-GE Breadth or IGETC pattern		37-39
Electives (CSU transferrable units to reach 60)		4-11
Double-counted units		10-16
Total Units		67-79

Course ID	Title	Units/ Hours
List A		
CHEM V01B & V01BL	General Chemistry II and General Chemistry II Laboratory	5
CHEM V12A & V12AL	General Organic Chemistry I and General Organic Chemistry I Laboratory	5
ANAT V01 or PHSO V01	Human Anatomy Human Physiology	4

PSY V04	Introductory Statistics for the Social and Behavioral Sciences	4
or MATH V44	Elementary Statistics	

Course ID	Title	Units/ Hours
List B		
HED V32	Principles of Food with Lab	3
BIOL V01 & V01L	Principles of Biology and Principles of Biology Laboratory	4

See a counselor or consult assist.org (<http://assist.org>), **especially if you plan to transfer to a UC campus or a college or university other than CSU.**

Upon successful completion of this program, students will be able to:

- Critically analyze information and contemporary issues in the field of nutrition science/dietetics.
- Assess how diet and nutrition can enhance overall wellness and reduce the risk of common lifestyle diseases.
- Identify career opportunities in the field of Nutrition/Dietetics and state the education required for each career.
- Describe food safety principles related to food, personnel and consumers.