

# SOCIAL WORK/HUMAN SERVICES, CERTIFICATE OF ACHIEVEMENT

The Certificate of Achievement in Social Work/Human Services prepares students for careers in the helping professions, may prepare students for the first two years of their transferable Human Services education, and enhances the skills of persons already employed in this field. In addition, students will be provided with several personal/interpersonal skills needed to live healthy lives and deal with the stressful demands of daily living.

Social Work/Human Services is a program of study for those interested in employment in such diverse settings as group homes and halfway houses; prisons, developmental disability agencies, and community mental health centers; family, child, and youth service agencies; and programs concerned with alcoholism, drug abuse, family violence, homelessness, aging, or other social issues. The primary focus of the human service worker is to assist individuals and communities to function as effectively as possible and improve individual, family, and community well-being by taking environmental and social resources into consideration.

The field of human services includes case managers, advocates, grant writers, youth workers, volunteer coordinators, human resource specialists, corrections officers, fundraisers, trainers, and paraprofessional educators. The Social Work/Human Services Associate in Arts and Certificate of Achievement programs are structured around interrelated components including theoretical foundations/intervention strategies, client population/cultural diversity, research/evaluation, and skill development/field experience. Successful completion of appropriate coursework will enable students to either further their education, seek employment in a variety of social service organizations, or both.

Social Work/Human Services professionals provide support for individuals and families as they move through the network of social services designed to assist individuals in need.

Course ID	Title	Units/ Hours
<b>Required Core Courses (20 units):</b>		
PSY V01	Introduction to Psychology	3
SOC V01	Introduction to Sociology	3
SWHS V01	Introduction to Social Work and Human Services	3
SWHS V02	Social Work Skills I: Basic Individual Intervention	3
SWHS V03	Basic Skills in Social Work Intervention II	3
SWHS V10	Fieldwork: Social Work and Human Services	3
SWHS V10L	Fieldwork: Social Work and Human Services Laboratory	2
<b>Required Additional Courses:</b>		
<b>List A: Select one (1) of the following courses; students must also complete the affiliated lab course when indicated (3–4 units):</b>		
BIOL V01 & V01L	Principles of Biology and Principles of Biology Laboratory	3+1

BIOL V12	Human Biology	3
<b>List B: Select two (2) of the following courses (6–7 units):</b>		
SOC V02	Social Problems	3
SOC V04	Sociology of Gender Roles	3
SOC V05	Sociology of Relationships: Intimacy, Commitment, and Family Patterns	3
SOC/PSY V31	Introduction to Social Psychology	3
May select one (1) of the following courses in partial satisfaction of List B:		
MATH V44	Elementary Statistics	4
PSY V04	Introductory Statistics for the Social and Behavioral Sciences	4

**Total Required Major Units 29–31**

## Recommended Courses

In addition to the required courses listed above, it is recommended that students who seek to obtain additional insight into this field of study consider taking one or more of the following courses: AES V11, COMM V15, PSY V05, PSY V15, SOC V03, and/or SOC V07. Although these supplemental courses may be of value to the student, please note that they do **not** satisfy the requirements for this degree.

Year 1		
Fall Semester		Units/Hours
PSY V01	Introduction to Psychology	3
SOC V01	Introduction to Sociology	3
SWHS V01	Introduction to Social Work and Human Services	3
SWHS V02	Social Work Skills I: Basic Individual Intervention	3
<b>Units/Hours</b>		<b>12</b>
Spring Semester		
SWHS V03	Basic Skills in Social Work Intervention II	3
BIOL V01 & V01L	Principles of Biology or Human Biology	3-4
or BIOL V12		
List B course (MATH V44 or PSY V04 recommended if a student plans to take statistics)		3-4
<b>Units/Hours</b>		<b>9-11</b>
Year 2		
Fall Semester		
SWHS V10	Fieldwork: Social Work and Human Services	3
SWHS V10L	Fieldwork: Social Work and Human Services Laboratory	2
List B course		3
<b>Units/Hours</b>		<b>8</b>
<b>Total Units/Hours</b>		<b>29-31</b>

Upon successful completion of this program, students will be able to:

- Demonstrate conceptual understanding of system concepts, theories, and techniques that are foundational to the practice of human/social services.
- Demonstrate an understanding of assessment methods, treatment planning, and case management.
- Demonstrate understanding of recovery-oriented behavior health services.