

CSU GE-BREADTH 2023-2024, CERTIFICATE OF ACHIEVEMENT

The Certificate of Achievement in CSU GE-Breadth recognizes completion of the California State University (CSU) lower-division general education requirements. CSU GE-Breadth is a series of courses that California community college students can complete to satisfy most freshman/sophomore level general education requirements in preparation for transfer. Separate from CSU GE-Breadth certification, the Certificate of Achievement is a state-approved award that is given by the college, documented on a student's transcript, and qualifies a student to participate in the annual graduation ceremony.

Successful completion and certification of CSU GE-Breadth will permit a student to transfer from a California Community College to a California State University generally without the need, after transfer, to take additional lower-division, general education courses to satisfy campus general education requirements.

Area A: English Language Communication and Critical Thinking

Complete one course from each group (A1, A2, and A3). A total of 9 semester (12-15 quarter) units are required.

A1 - Oral Communication

Course ID	Title	Units/Hours
COMM M01	Public Speaking	3
or COMM M01H	Honors: Public Speaking	
COMM M02	Introduction to Persuasion	3

A2 - Written Communication

Course ID	Title	Units/Hours
ENGL M01A	Academic Reading and Writing	4
or ENGL M01AH	Academic Reading and Writing - Honors	

A3 - Critical Thinking

Course ID	Title	Units/Hours
COMM M07	Argumentation and Debate	3
COMM M25	Introduction to Rhetorical Criticism	3
ENGL M01B	Literature: Critical Thinking and Composition	4
or ENGL M01BH	Honors Literature: Critical Thinking and Composition	
ENGL M01C	Critical Thinking and Writing	3
or ENGL M01CH	Critical Thinking and Writing - Honors	
PHIL M05	Critical Thinking and Analytic Writing	3
PHIL M07	Introduction to Logic	3
PHIL M09	Introduction to Symbolic Logic	3

Area B: Scientific Inquiry and Quantitative Reasoning

Complete a minimum of 9 semester (12 - 15 quarter) units with one course from each group (B1, B2, B3, B4) to include one laboratory activity course (B3) corresponding to a selected science lecture course.

B1 - Physical Science

Course ID	Title	Units/Hours
AST M01	An Introduction to Astronomy	3
CHEM M01A	General Chemistry I	5
or CHEM M01AH	Honors: General Chemistry I	
CHEM M01B	General Chemistry II	5
CHEM M07A	Organic Chemistry I	5
CHEM M07B	Organic Chemistry II	5
CHEM M11	Foundations of General, Organic, and Biochemistry	5
CHEM M12	Introductory Chemistry I	4
CHEM M13	Introductory Chemistry II	5
ENSC M01	Environmental Science	3
ENSC M03	Energy Resources and Conservation	3
GEOG M01	Physical Geography	3
GEOG M05	Introduction to Weather and Climate	3
GEOL M02	Physical Geology	3
or GEOL M02H	Honors: Physical Geology	
GEOL M03	Earth History	3
GEOL M05	The World Ocean	3
GEOL M61	Natural Disasters	3
GEOL M121	Earth Science with Lab	4
PHSC M01	Principles of Physical Science	3
PHYS M01	Descriptive Physics	3
PHYS M10A	General Physics I	4
PHYS M10B	General Physics II	4
PHYS M20A	Mechanics of Solids and Fluids	4
PHYS M20B	Thermodynamics, Electricity, and Magnetism	4
PHYS M20C	Wave Motion, Optics, and Modern Physics	4

B2 - Life Science

Course ID	Title	Units/Hours
ANAT M01	Human Anatomy	4
ANPH M01	Human Anatomy and Physiology	6
ANSC/ANCT M17	Animal Diversity	3.5
ANTH M01	Biological Anthropology	3
or ANTH M01H	Honors: Biological Anthropology	
BIOL M01	Introduction to Biology	4
BIOL M02A	General Biology I	5
or BIOL M02AH	Honors: General Biology I	
BIOL M02B	General Biology II	5
or BIOL M02BH	Honors: General Biology II	
BIOL M02C	Genetics and Molecular Biology	5
BIOL M03	Marine Life and Its Environment	4

BIOL M05	Field Biology: A Natural History of California	4	GEOL M18	Field Geology	1
BIOL M06	Ecology	4	GEOL M121	Earth Science with Lab	4
BIOL M16	Human Biology	3	MICR M01	General Microbiology	5
BIOL M17	Heredity, Evolution and Society	3	PHSC M01L	Principles of Physical Science Laboratory	1
BIOL M18	Human Biology for Pre-Health	3	PHSO M01	Human Physiology	4
BOT M01	Introduction to Botany	5	or PHSO M01H	Honors: Human Physiology	
BOT M06	Plants and Society	4	PHYS M01L	Descriptive Physics Laboratory	1
ENSC M02	Environment and Human Interactions	4	PHYS M10AL	General Physics I Lab	1
MICR M01	General Microbiology	5	PHYS M10BL	General Physics II Laboratory	1
PHSO M01	Human Physiology	4	PHYS M20AL	Mechanics of Solids and Fluids Laboratory	1
or PHSO M01H	Honors: Human Physiology		PHYS M20BL	Thermodynamics, Electricity, and Magnetism Laboratory	1
PSY M02	Introduction to Behavioral Neuroscience	3	PHYS M20CL	Wave Motion, Optics, and Modern Physics Laboratory	1
or PSY M02H	Honors: Introduction to Behavioral Neuroscience		ZOO M01	Introduction to Zoology	5
ZOO M01	Introduction to Zoology	5			

B3 - Laboratory Activity

(must correspond with lecture course)

Course ID	Title	Units/Hours
ANAT M01	Human Anatomy	4
ANPH M01	Human Anatomy and Physiology	6
ANSC/ANCT M17	Animal Diversity	3.5
ANTH M01L	Biological Anthropology Lab	1
AST M01L	An Introduction to Astronomy Laboratory	1
BIOL M01	Introduction to Biology	4
BIOL M02A	General Biology I	5
or BIOL M02AH	Honors: General Biology I	
BIOL M02B	General Biology II	5
or BIOL M02BH	Honors: General Biology II	
BIOL M02C	Genetics and Molecular Biology	5
BIOL M03	Marine Life and Its Environment	4
BIOL M05	Field Biology: A Natural History of California	4
BIOL M06	Ecology	4
BIOL M16L	Human Biology Lab	1
BOT M01	Introduction to Botany	5
BOT M06	Plants and Society	4
CHEM M01A	General Chemistry I	5
or CHEM M01AH	Honors: General Chemistry I	
CHEM M01B	General Chemistry II	5
CHEM M07A	Organic Chemistry I	5
CHEM M07B	Organic Chemistry II	5
CHEM M11	Foundations of General, Organic, and Biochemistry	5
CHEM M12	Introductory Chemistry I	4
CHEM M13	Introductory Chemistry II	5
ENSC M01L	Environmental Science Lab	1
ENSC M02	Environment and Human Interactions	4
GEOG M01L	Physical Geography Lab	1
GEOL M02L	Physical Geology Lab	1
GEOL M03L	Earth History Lab	1
GEOL M05L	The World Ocean Lab	1

B4 - Mathematics/Quantitative Reasoning

Course ID	Title	Units/Hours
CS M155	Discrete Structures	3
MATH M05	College Algebra for STEM Studies	4
MATH M06	Trigonometry	3
MATH M07	Precalculus and Trigonometry	6
MATH M10	Mathematics for Elementary Teachers	3
MATH M11	College Algebra for the Liberal Arts	3
MATH M12	Mathematical Reasoning for Liberal Arts	3
MATH M15	Introduction to Statistics	4
or MATH M15H	Introduction to Statistics - Honors	
MATH M16A	Applied Calculus I	3
MATH M16B	Applied Calculus II	3
MATH M21	Discrete Mathematics	3
MATH M25A	Calculus with Analytic Geometry I	5
or MATH M25AH	Honors: Calculus with Analytic Geometry I	
MATH M25B	Calculus with Analytic Geometry II	5
or MATH M25BH	Honors: Calculus with Analytic Geometry II	
MATH M25C	Calculus with Analytic Geometry III	5
MATH M31	Introduction to Linear Algebra	3
MATH M35	Applied Differential Equations	3
MATH M37DS	Probability & Statistics for Data Science	3
MATH M42DS	Mathematics of Machine Learning for Data Science	3
PSY/SOC M125	Statistics for the Behavioral and Social Sciences	3

Area C: Arts and Humanities

Complete 9 semester (12 - 15 quarter) units with at least one course from Area C1 and from Area C2, and the third course from C1 or C2

C1 - Arts (Art, Cinema, Dance, Music, Theater)

Course ID	Title	Units/Hours
ART M30	Drawing and Composition I	3
ART M70	Ceramics I	3
ARTH M100	Understanding Art	3

or ARTH M100H	Honors: Understanding Art	
ARTH M110	History of Western Art: Prehistoric Through Gothic	3
ARTH M120	History of Western Art: Renaissance through Modern	3
ARTH M130	History of Art: Asian	3
ARTH M150	History of Western Art: Modern through Contemporary	3
COMM M05	Oral Interpretation of Literature	3
DANC M01	Dance Appreciation	3
or DANC M01H	Honors: Dance Appreciation	
DANC M03	Dance History	3
DANC M31	World Dance Cultures	3
DES M100	Design and Society	3
or DES M100H	Honors: Design and Society	
DES M101	Design History	3
or DES M101H	Honors: Design History	
FTMA M101	Introduction to Cinema	3
FTMA M102	Introduction to Television Studies	3
FTMA M103	Introduction to Media Aesthetics	3
FTMA M104	Introduction to Documentary Studies	3
FTMA M105	History of International Cinema I: Emergence to World War II	3
FTMA M106	History of International Cinema II: World War II to the Present	3
FTMA M107	Directors and Genres	3
FTMA M108	Women in Cinema	3
FTMA M109	Contemporary American Cinema	3
FTMA M110	Contemporary Global Cinema	3
FTMA M115	Introduction to Screenwriting	3
HUM M07	Survey of the Arts	3
MUS M01	Music Fundamentals	3
MUS M04	Survey of World Music	3
or MUS M04H	Honors: Survey of World Music	
MUS M08	Music Appreciation	3
or MUS M08H	Honors: Music Appreciation	
MUS M09A	Western Music History I	3
or MUS M09AH	Honors: Western Music History I	
MUS M09B	Western Music History II	3
or MUS M09BH	Honors: Western Music History II	
PHOT M10	Beginning Photography	3
PHOT M40	History of Photography	3
THA M01	Introduction to Theatre	3
or THA M01H	Honors: Introduction to Theatre	
THA M02A	Acting I	3
THA M04	History of the Theatre	3
or THA M04H	Honors: History of Theatre	

C2 - Humanities (Literature, Philosophy, Languages other than English)

Course ID	Title	Units/Hours
CHIN M100	Elementary Chinese: Mandarin I	4
CHIN M110	Elementary Chinese: Mandarin II	4
COMM M26	Rhetoric of Popular Culture	3
ENGL M01B	Literature: Critical Thinking and Composition	4
or ENGL M01BH	Honors Literature: Critical Thinking and Composition	
ENGL M10A	Creative Writing	3
ENGL M10B	Advanced Creative Writing	3
ENGL M13A	Survey of American Literature I	3
ENGL M13B	Survey of American Literature II	3
ENGL M14	Introduction to Poetry	3
ENGL M15A	Survey of English Literature I	3
ENGL M15B	Survey of English Literature II	3
ENGL M16	Introduction to Fiction	3
ENGL M17	Shakespeare	3
ENGL M20	Introduction to Drama	3
ENGL M29A	The Bible as Literature (Old Testament)	3
ENGL M29B	The Bible as Literature (New Testament)	3
ENGL M30A	Masterpieces of World Literature I	3
ENGL M30B	Masterpieces of World Literature II	3
FREN M100	Elementary French I	4
FREN M110	Elementary French II	4
FTMA M102	Introduction to Television Studies	3
FTMA M104	Introduction to Documentary Studies	3
FTMA M108	Women in Cinema	3
GERM M100	Elementary German I	4
GERM M110	Elementary German II	4
HIST M150	World History: From Prehistory to 1500	3
HIST M152	History of Asia from Prehistory to 1600	3
HIST M160	World History: From 1450 to the Present	3
HIST M162	History of Asia From 1600 To The Present	3
HIST M170	Western Civilization: From Prehistory to 1600	3
HIST M180	Western Civilization: From 1600 To The Present	3
HUM M07	Survey of the Arts	3
HUM M10A	Ethics, Culture and the Arts: The Roots of the Humanities	3
HUM M10B	Ethics, Culture and the Arts: Humanities and the Modern World	3
HUM M11	Conflict and the Human Condition	3
HUM M14	Humanities in the United States	3
ITAL M100	Elementary Italian I	4
ITAL M110	Italian II	4
JAPN M100	Elementary Japanese I	4
JAPN M110	Elementary Japanese II	4
JOUR M05	Introduction to Visual Communication	3
LAT M100	Elementary Latin I	4

PHIL M01	Introduction to Philosophy	3	CD M05	Teaching in a Diverse Society	3
or PHIL M01H	Honors: Introduction to Philosophy		CJ M01	Introduction to Criminal Justice	3
PHIL M02	Introduction to Ethics	3	or CJ M01H	Honors: Introduction to Criminal Justice	
or PHIL M02H	Honors: Introduction to Ethics		CJ M02	Concepts of Criminal Law	3
PHIL M03	Introduction to Social and Political Philosophy	3	CJ M03	Community Relations	3
PHIL M08	Philosophy of Religion	3	CJ M08	Introduction to Constitutional Law	3
PHIL M11	World Religions: West	3	COMM M04	Interpersonal Communication	3
PHIL M12	World Religions: East	3	COMM M12	Intercultural Communications	3
PHIL M13	The Classical Mind	3	COMM M13	Gender Communication	3
PHIL M14	The Modern Mind	3	ECON M170	Economic History of the US	3
PHIL M21	Ethics of Living and Dying	3	ECON M201	Principles of Microeconomics	3
PHIL M22	Ethics of Business	3	ECON M202	Principles of Macroeconomics	3
SPAN M100	Elementary Spanish I	5	or ECON M202H	Honors: Principles of Macroeconomics	
SPAN M110	Elementary Spanish II	5	ETHS M01	Introduction to Chicana/o Studies	3
SPAN M110S	Spanish for Spanish Speakers	5	ETHS M10	Introduction to African American Studies	3
SPAN M200	Intermediate Spanish I	5	ETHS M40	Introduction to Ethnic Studies	3
SPAN M200S	Intermediate Spanish for Spanish Speakers I	5	FTMA M100/ JOUR M01	Introduction to Mass Communications	3
SPAN M210	Intermediate Spanish II	5	FTMA M108	Women in Cinema	3

Area D: Social Sciences

Complete 6 semester (9 quarter) units. Courses can be from the same or different disciplines.

Note: Students who started at Moorpark College (or any CCC or CSU) prior to Fall 2021 and have maintained continuous enrollment, may complete previous CSU GE pattern. See a counselor for more information.

D - Social Science

Course ID	Title	Units/ Hours			
ANSC/ANCT M09	Animal Behavior	3	GEOG M02	Cultural Geography	3
ANTH M02	Cultural Anthropology	3	GEOG M03	World Regional Geography	3
ANTH M03	Archaeology	3	or GEOG M03H	Honors: World Regional Geography	
ANTH M06	Introduction to Native American Studies	3	GEOG M10	Geography of California	3
ANTH M07	Peoples and Cultures of the World	3	HIST M25	History of the United States	3
ANTH M08	Linguistic Anthropology	3	or HIST M25H	Honors: History of the United States	
ANTH M09	Sex, Gender, and Culture	3	HIST M130	United States History Through Reconstruction	3
ANTH M11	The Anthropology of Magic, Witchcraft and Religion	3	HIST M131	African American History to 1877	3
ANTH M13	The Chumash and Their Neighbors: Indians of California	3	HIST M133	History of Mexican Americans	3
ANTH M14	Monkeys, Apes, and Humans	3	HIST M135	Native American History and Culture	3
ANTH M15	Egyptology: Archaeology of the Land of the Pharaohs	3	HIST M137/M137H	History of American Women	3
ANTH M16	Mysteries of the Ancient Maya	3	HIST M140	United States History 1865 to the Present	3
ANTH M17	Forensic Anthropology	3	or HIST M137H	Honors: History of American Women	
ANTH M18	Culture, Health, and Healing	3	HIST M141	African American History Since 1877	3
BUS M30	Introduction to Business	3	HIST M143	History of California	3
CD M02	Human Development: Infancy through Adolescence	3	HIST M145	Race and Ethnicity in American History	3
CD M03	Child, Family, and Community	3	HIST M150	World History: From Prehistory to 1500	3
or CD M03H	Honors: Child, Family, and Community		HIST M152	History of Asia from Prehistory to 1600	3
			HIST M160	World History: From 1450 to the Present	3
			HIST M162	History of Asia From 1600 To The Present	3
			HIST M164	History of Latin America	3
			HIST M170	Western Civilization: From Prehistory to 1600	3
			HIST M180	Western Civilization: From 1600 To The Present	3
			NTS M07	Cultural Foods	3
			PHIL M03	Introduction to Social and Political Philosophy	3
			PHIL M22	Ethics of Business	3
			POLS M01	Introduction to Politics	3
			POLS M02	Comparative Politics	3
			POLS M03	American Government and Politics	3
			or POLS M03H	American Government and Politics - Honors	

POLS M04	International Relations	3
POLS M05	National, State and Local Politics	3
POLS M06	Introduction to Political Theory	3
POLS M09	Introduction to Political Science Research Methods	3
PSY M01 or PSY M01H	Introduction to Psychology Introduction to Psychology - Honors	3
PSY M03	Personal Growth and Social Awareness	3
PSY M04	Child Psychology	3
PSY M05	Social Psychology	3
PSY M06	Introduction to Behavioral Research Methods	3
PSY M07	Developmental Psychology (Lifespan)	3
PSY M08	Abnormal Psychology	3
PSY M10	Dying and Death	3
PSY M13	Human Sexuality	3
PSY M14	Cross-Cultural Psychology	3
PSY M16	Personality Theories	3
SJS M110	Introduction to Social Justice Studies	3
SJS M120	Introduction to Women's Studies	3
SJS M130	Introduction to LGBTQ Studies	3
SOC M110 or SOC M110H	Introduction to Sociology Honors: Introduction to Sociology	3
SOC M115	Social Problems	3
SOC M120	Introduction to Research Methods	3
SOC M130	Introduction to Marriage and Family	3
SOC M140	Introduction to Gender	3
SOC M150	Introduction to Race and Ethnicity	3
SOC M160	Introduction to Criminology	3
SOC M212	Introduction to Sociology of Religion	3
SOC M216	Sociology of Deviant Behavior	3
SOC M218	Organized Crime and Terrorism	3
SWHS M110	Introduction to Social Work and Human Services	3

DANC M09A	Introduction to Dance: Ballet	2
DANC M10A	Ballet I-Fundamentals	2
DANC M10B	Ballet II - Beginning	2
DANC M10C	Ballet III - Intermediate	2
DANC M10D	Ballet IV - Advanced	2
DANC M11A	Jazz Dance I - Fundamentals	2
DANC M11B	Jazz Dance II - Beginning	2
DANC M11C	Jazz Dance III - Intermediate	2
DANC M11D	Jazz Dance IV - Advanced	2
DANC M12A	Modern Dance I - Fundamentals	2
DANC M12B	Modern Dance II - Beginning	2
DANC M12C	Modern Dance III -Intermediate	2
DANC M12D	Modern Dance IV - Advanced	2
DANC M13A	Tap I - Fundamentals	1.5
DANC M13B	Tap II - Beginning	1.5
DANC M13C	Tap III - Intermediate	1.5
DANC M13D	Tap IV - Advanced	1.5
DANC M15A	Choreography I: Beginning	2
DANC M15B	Choreography II: Intermediate	2
DANC M16A	Hip Hop 1 - Fundamentals	1.5
DANC M16B	Hip Hop II - Beginning	1.5
DANC M16C	Hip Hop III - Intermediate	1.5
DANC M16D	Hip Hop IV - Advanced	1.5
DANC M17	Musical Theater Dance	0.5-2
DANC M18	Dance Somatics/Conditioning for Dance	2
DANC M19A	Conditioning Dance: Pilates I	2
DANC M19B	Conditioning Dance: Pilates II	2
DANC M19C	Conditioning Dance: Pilates III	2
DANC M20A or DANC M20AH	Movement Improvisation I Honors: Movement Improvisation I	2
DANC M20B	Movement Improvisation II	2
DANC M20C	Movement Improvisation III	2
DANC M30A	Theory and Practice of Social Dance Forms: Ballroom Dance I	1.5
DANC M30B	Theory and Practice of Social Dance Forms: Ballroom Dance II	1.5
DANC M31L	World Dance Forms	1
DANC M32	Social Dance: Swing Dance	2
DANC M40	Ballet Variations	2
DANC M51	Elements of Dance Production	1
DANC M55A	Dance Rehearsal & Performance I	2
DANC M55B	Dance Rehearsal & Performance II	2
DANC M55C	Dance Rehearsal & Performance III	2
DANC M55D	Dance Rehearsal & Performance IV	2
DANC M56	Performing Dance Ensemble	2
DANC M69	MC Spirit Team Conditioning 1	1
DANC M70A	MC Spirit Practice and Performance I	2
DANC M70B	MC Spirit Practice and Performance II	2
DANC M70C	MC Spirit Practice and Performance III	2
DANC M70D	MC Spirit Practice and Performance IV	2
HED M01	Health and Society	2
HED M03	Nutrition, Fitness, and Stress Management	3

Area E: Life Long Learning & Self-Development

Area E - Life Long Learning & Self-Development

Complete 3 semester or 4-5 quarter units - no more than 1.5 units of physical activity.

Course ID	Title	Units/Hours
CD M02	Human Development: Infancy through Adolescence	3
CD M23	Health, Safety, & Nutrition	3
CJ M09A	Bujinkan Fundamentals-Practical Self-Defense	2
CJ M09B	Bujinkan Intermediate - Practical Self-Defense	2
COL M01	College Strategies	3
COUN M02	Career and Life Planning	3
COUN M05	College Strategies	3

HED M05	First Aid, CPR, AED & Emergency Procedures	3
HED M07	Personal Health and Wellness	3
ICA M01A	Intercollegiate Baseball - Men	4
ICA M01B	Intercollegiate Baseball-Men/Off Season	1
ICA M02A	Intercollegiate Basketball-Men/Fall	4
ICA M02B	Intercollegiate Basketball-Men/Spring	2.5
ICA M03A	Intercollegiate Cross Country - Men	4
ICA M03B	Intercollegiate Cross Country - Men/Off Season	1
ICA M04A	Intercollegiate Football - Men	4
ICA M04B	Intercollegiate Football-Men/Off Season	1
ICA M07A	Intercollegiate Soccer - Men	4
ICA M07B	Intercollegiate Soccer-Men/Off Season	1
ICA M10A	Intercollegiate Track and Field - Men	4
ICA M10B	Intercollegiate Track and Field - Men/Off Season	1
ICA M11A	Intercollegiate Volleyball - Men	4
ICA M11B	Intercollegiate Volleyball-Men/Off Season	1
ICA M20A	Intercollegiate Basketball-Women/Fall	4
ICA M20B	Intercollegiate Basketball-Women/Spring	2.5
ICA M21A	Intercollegiate Cross Country-Women	4
ICA M21B	Intercollegiate Cross Country-Women/Off Season	1
ICA M24A	Intercollegiate Soccer - Women	4
ICA M24B	Intercollegiate Soccer - Women/Off Season	1
ICA M25A	Intercollegiate Softball-Women	4
ICA M25B	Intercollegiate Softball-Women/Off Season	1
ICA M28A	Intercollegiate Track and Field - Women	4
ICA M28B	Intercollegiate Track and Field-Women/Off Season	1
ICA M29A	Intercollegiate Volleyball - Women	4
ICA M29B	Intercollegiate Volleyball-Women/Off Season	1
ICA M35A	Conditioning and Training for Athletic Competition	1
ICA M35B	In-Season Conditioning for Athletic Competition	1
ICA M36	Intercollegiate Women's Golf	4
ICA M38A		4
ICA M38B		1
ICA M40	Intercollegiate Beach Volleyball-Women	4
KIN M23	Walking for Fitness	1
KIN M24	Running for Fitness and Conditioning	1
KIN M31	Body Conditioning/Fitness	1
KIN M32	Body Conditioning/Free Weights	1
KIN M33	Power Lifting/Free Weights	1
KIN M34	Body Conditioning Boot Camp	1
KIN M40	Cardio Step and Sculpt	1
KIN M42	Aerobic Dance Fitness	1
KIN M43	Cardio Kickboxing	1
KIN M50	Pilates Mat	1
KIN M51	Core Stability and Stretch	1
KIN M52	Core Fitness with Cardio	1
KIN M53	T'ai Chi	1
KIN M54	Yoga	1
KIN M55	Mind Body Fitness	1
KIN M71	Golf	1
KIN M72	Tennis	1
KIN M82	Basketball	1
KIN M84	Soccer	1
KIN M85	Softball	1
KIN M87	Volleyball	1
KIN M92	Hiking and Backpacking	1
LS M03	Personal Development and Study Strategies	3
NTS M01	Introduction to Nutrition Science	3
NTS M07	Cultural Foods	3
PSY M01	Introduction to Psychology	3
PSY M03	Personal Growth and Social Awareness	3
PSY M04	Child Psychology	3
PSY M05	Social Psychology	3
PSY M07	Developmental Psychology (Lifespan)	3
PSY M08	Abnormal Psychology	3
PSY M13	Human Sexuality	3
SOC M130	Introduction to Marriage and Family	3

Area F: Ethnic Studies

Area F - Ethnic Studies

- New students starting at Moorpark College (or any CCC or CSU) beginning Fall 2021 are required to complete 3 semester or 4 quarter units for CSU GE Certification.

- Students who started at Moorpark College (or any CCC or CSU) prior to Fall 2021 and have maintained continuous enrollment are not required to complete Area F for CSU GE Certification. **Note:** students who will graduate from a CSU in 2024-2025 or after will need an Ethnic Studies course, which may be taken prior to transfer.

Course ID	Title	Units/Hours
ETHS M01	Introduction to Chicana/o Studies	3
ETHS M10	Introduction to African American Studies	3
ETHS M40	Introduction to Ethnic Studies	3

Title V: CSU Graduation Requirement in U.S. History, Constitution & American Ideals

(Not part of CSU certification but may be completed prior to transfer, 6 units). One course from each Group. It may also be used in Area D.

Group 1: US-1 Historical Development of American Institutions and Ideals

Course ID	Title	Units/Hours
ECON M170	Economic History of the US	3
HIST M25	History of the United States	3

or HIST M25H	Honors: History of the United States	
HIST M130	United States History Through Reconstruction	3
HIST M131	African American History to 1877	3
HIST M133	History of Mexican Americans	3
HIST M135	Native American History and Culture	3
HIST M137	History of American Women	3
or HIST M137H	Honors: History of American Women	
HIST M140	United States History 1865 to the Present	3
HIST M141	African American History Since 1877	3
HIST M145	Race and Ethnicity in American History	3

- a. Act purposefully in combining awareness, critical thinking, and communication skills with personal responsibility in order to originate, innovate, or build upon ideas
- 8. Growth Orientation
 - a. Apply the skills necessary for successful living in an ever-changing and global environment.
 - b. Identify and adopt the concepts of personal health and fitness to enhance the quality of life.

Group 2: US-2 (U.S Constitution and Government); US-3(California State and Local Government)

Course ID	Title	Units/ Hours
CJ M08	Introduction to Constitutional Law ¹	3
POLS M03	American Government and Politics	3
or POLS M03H	American Government and Politics - Honors	
POLS M05	National, State and Local Politics	3

¹ CJ M08 Introduction to Constitutional Law (Units: 3) or AP exam in Government & Politics does not meet US-3.

Upon successful completion of this program, students will be able to:

- 1. Communication Competency
 - a. Attend to and clearly express ideas in written, spoken, numerical, and artistic forms.
 - b. Communicate effectively and logically.
- 2. Information Competency
 - a. Evaluate multiple sources of information to apply it critically and appropriately.
 - b. Gather, evaluate, analyze, and synthesize information.
- 3. Quantitative Competence
 - a. Implement quantitative and qualitative models to make predictions, draw conclusions, and make decisions that are logical and feasible.
 - b. Collect, organize, analyze, and process research data in a clear, synthesized format.
- 4. Analytic Inquiry Skills
 - a. Distinguish the modes of inquiry and critique used in the natural, social, and behavioral sciences and the humanities.
 - b. Explain the connections among the various disciplines.
- 5. Ethical Reasoning
 - a. Apply ethical principles to personal, academic, professional and/or community issues.
 - b. Work ethically and effectively with others.
- 6. Ability to Engage Diverse Perspectives
 - a. Recognize the multitude of diversities in the physical and human environments and how these diversities impact the individual and society.
 - b. Recognize the diversity of human experience, the role of the natural environment, and the relationship between the two.
 - c. Describe and appreciate the role of culture and the arts in society and in one's personal life.
- 7. Ability to Create