

# INTERCOLLEGIATE ATHLETICS

## NOTE: UC Credit Limitations on Activity and Theory Courses

The University of California (UC) has a limitation on transfer credits of Dance, Intercollegiate Athletic (ICA), Kinesiology and Physical Education (PE) activity courses. The UC will give a maximum of 4-semester units for a combination of any or all of these DANC/ICA/KIN/PE. In addition, the UC will accept up to 8 units of PE/KIN Theory based courses. Students planning to the more than 4 units of these courses should consult a counselor. The California State University (CSU) system does not have such limitations.

### ICA M01A Intercollegiate Baseball - Men 4 Units

*Formerly:* KIN M100A; PE M66

*In-Class Hours:* 17.5 lecture, 157.5 laboratory

*Enrollment Limitations:* Students must be capable of competing at the intercollegiate level.

Develops athletic skills and techniques in baseball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions and travel.

**Catalog Notes:** Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility; may be taken a maximum of four (4) times for credit.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses

**CSU GE-Breadth:** E

**IGETC:** None

### ICA M01B Intercollegiate Baseball-Men Off Season 1 Unit

*Formerly:* KIN 100B; PE M23D

*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in baseball. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

### ICA M02A Intercollegiate Basketball-Men/Fall 4 Units

*Formerly:* KIN M101A; PE M67

*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

### ICA M02B Intercollegiate Basketball-Men/Spring 2.5 Units

*Formerly:* PE M67; KIN M101B

*In-Class Hours:* 43.75 lecture, 87.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

### ICA M03A Intercollegiate Cross Country - Men 4 Units

*Formerly:* KIN M102A; PE M69

*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in cross country. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M03B Intercollegiate Cross Country - Men/Off Season 1 Unit***Formerly:* KIN M102B; PE M03B*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in cross country. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M04A Intercollegiate Football - Men 4 Units***Formerly:* KIN M103A; PE M71*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Football. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M04B Intercollegiate Football-Men/Off Season 1 Unit***Formerly:* KIN M103B; PE M25D*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Football. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M07A Intercollegiate Soccer - Men 4 Units***Formerly:* KIN M105A; PE M64A*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops participants skills and playing intensity in Soccer to the highest level. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M07B Intercollegiate Soccer-Men/Off Season 1 Unit***Formerly:* KIN M105B; PE M27D; PE M65B*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Soccer. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Credit Limitations:** UC maximum credit of 4 units if combined with any or all other DAN/ICA/KIN/PE Activity courses.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M10A Intercollegiate Track and Field - Men 4 Units***Formerly:* KIN M107A; PE M76*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in track and field. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M10B Intercollegiate Track and Field - Men/Off Season 1 Unit***Formerly:* KIN M107B; PE M29D*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Track and Field. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M11A Intercollegiate Volleyball - Men 4 Units***Formerly:* KIN M108A; PE M63A*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Volleyball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M11B Intercollegiate Volleyball-Men Off/Season 1 Unit***Formerly:* KIN M108B; PE M63B*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Volleyball. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M20A Intercollegiate Basketball-Women/Fall 4 Units***Formerly:* KIN M130A; PE M68*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. Student must be capable of competing at the intercollegiate level. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M20B Intercollegiate Basketball-Women/Spring 2.5 Units***Formerly:* KIN M130B; PE M24C*In-Class Hours:* 43.75 lecture, 87.5 laboratory

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M21A Intercollegiate Cross Country-Women 4 Units***Formerly:* KIN M131A; PE M70*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Cross Country. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M21B Intercollegiate Cross Country-Women/Off Season 1 Unit***Formerly:* KIN M131B; PE M03B*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Cross Country. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M24A Intercollegiate Soccer - Women 4 Units***Formerly:* KIN M133A; PE M65A*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Soccer. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M24B Intercollegiate Soccer - Women/Off Season 1 Unit***Formerly:* KIN M133B; PE M65B*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Soccer. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Credit Limitations:** UC maximum credit of 4 units if combined with any or all other DAN/ICA/KIN/PE Activity courses.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M25A Intercollegiate Softball-Women 4 Units***Formerly:* KIN M134A; PE M73*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Softball. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M25B Intercollegiate Softball-Women Off Season 1 Unit***Formerly:* KIN M134A; PE M28C*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Softball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** May be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None



**ICA M28A Intercollegiate Track and Field - Women 4 Units***Formerly:* KIN M136A; PE M77*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in Track and Field. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon CCCAA (California Community College Athletic Association) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M28B Intercollegiate Track and Field -Women Off Season 1 Unit***Formerly:* KIN M136B; PE M29D*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Track and Field. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M29A Intercollegiate Volleyball - Women 4 Units***Formerly:* KIN M137A; PE M78*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops participants skills and playing intensity in volleyball to the highest level. Involves competition against other institutions, and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M29B Intercollegiate Volleyball-Women/Off Season 1 Unit***Formerly:* KIN M137B; PE M30D*In-Class Hours:* 52.5 laboratory

Develops athletic skills and techniques in Volleyball. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M35A Conditioning and Training for Athletic Competition 1 Unit***Formerly:* KIN M35*In-Class Hours:* 52.5 laboratory

Develops skills and conditioning for prospective athletes who are entering intercollegiate competition. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M35B In-Season Conditioning for Athletic Competition 1 Unit***In-Class Hours:* 52.5 laboratory

Develops strength and conditioning for in season athletes who are participating in intercollegiate competition. Includes powerlifting and sports nutrition. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M36 Intercollegiate Women's Golf 4 Units***Formerly:* PE M62*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in golf. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M38A Intercollegiate Wrestling 4 Units***Formerly:* PE M38*In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops athletic skills and techniques in wrestling. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M38B Intercollegiate Wrestling/Off Season 1 Unit***In-Class Hours:* 17.5 lecture, 35.0 laboratory

Develops athletic skills and techniques in wrestling. Emphasizes team development and competitive improvement and intensity. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None

**ICA M40 Intercollegiate Beach Volleyball-Women 4 Units***In-Class Hours:* 17.5 lecture, 157.5 laboratory

Develops participants' skills and playing intensity in Beach Volleyball to the highest level. Involves competition against other institutions and travel. Student must be capable of competing at the intercollegiate level. Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit. Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Repeatable for Credit:** Course may be taken up to 3 times for credit.

**Field Trips:** Will be required

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** E2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** E

**IGETC:** None