

# PSYCHOLOGY

*Program Purpose: Students completing the Associate in Arts in Psychology for Transfer Degree will be able to use scientific principles to evaluate the validity of scientific studies and claims, demonstrate an understanding of perspectives, theories, and core concepts in Psychology, discuss the value and use of Psychology in contemporary society; and recognize and understand the impact and value of diversity on psychological research, theory, and application, including but not limited to age, race, ethnicity, culture, gender, socioeconomic status, disability, and sexual orientation.*

A major in psychology provides a scientific study of the mind and behavior of individuals and groups in contemporary society. The Associate in Arts in Psychology for Transfer (AA-T) degree program is designed for students intending to major in any type of psychology at a four-year institution as it provides students with the lower division breadth and depth of the field of psychology. The program is also for students interested in studying psychology for a general understanding of the human mind and behavior useful in any career and in everyday life.

## Transfer Information

Students planning to transfer need to consult with a counselor, prepare a Student Education Plan, and take advantage of the support services available in the University Transfer Center located in Fountain Hall, (805) 378-1536. See General Education Degree Requirements and Transfer Information.

**NOTE:** Some courses may have credit limitations. Refer to the **Credit Limitations** and **UC Credit Limitations** areas, and the UC Transfer Course Agreement (<http://catalog.vcccd.edu/moorpark/transfer-information/transfer-uc/#uctcatext>) page for details.

### PSY M01 Introduction to Psychology 3 Units

*In-Class Hours:* 52.5 lecture

*Advisories/Rec Prep:* ENGL C1000 or ENGL C1000H

*C-ID:* PSY 110

Explores the scientific study of behavior and mental processes, focusing on a broad range of psychological theories and concepts, methods, and research findings. Covers topics such as the biological bases of behavior and mental processes, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology.

**Grade Modes:** Letter Graded, Credit by exam, license etc., Student Option- Letter/Credit, Pass/No Pass Grading

**Credit Limitations:** Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D, E

**IGETC:** 4

### PSY M01H Honors: Introduction to Psychology 3 Units

*In-Class Hours:* 52.5 lecture

*Advisories/Rec Prep:* ENGL C1000 or ENGL C1000H

*C-ID:* PSY 110

Explores the scientific study of behavior and mental processes, focusing on a broad range of psychological theories and concepts, methods, and research findings. Covers topics such as the biological bases of behavior and mental processes, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches, and applied psychology. Challenges honors students to be more analytical and creative through rigorous assignments, real-world applications, and enriched opportunities.

**Grade Modes:** Letter Graded

**Credit Limitations:** Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D

**IGETC:** 4

### PSY M02 Introduction to Behavioral Neuroscience 3 Units

*In-Class Hours:* 52.5 lecture

*Prerequisites:* PSY M01 or PSY M01H

*Advisories/Rec Prep:* ENGL C1000 or ENGL C1000H and PSY M06

*C-ID:* PSY 150

Introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Addresses physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders. Notes historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes. Discusses ethical standards for human and animal research in the context of both invasive and non-invasive experimental research.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Credit Limitations:** Credit will not be awarded for both the honors and regular version of a course. Credit will be awarded only for the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** A1

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** B2

**IGETC:** 5B

**PSY M02H Honors: Introduction to Behavioral Neuroscience 3 Units***In-Class Hours:* 52.5 lecture*Prerequisites:* PSY M01 or PSY M01H*Advisories/Rec Prep:* ENGL C1000 or ENGL C1000H and PSY M06*C-ID:* PSY 150

Introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Addresses physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders. Notes historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes. Discusses ethical standards for human and animal research in the context of both invasive and non-invasive experimental research.

**Grade Modes:** Letter Graded

**Credit Limitations:** Credit will not be awarded for both the honors and regular versions of a course. Credit will be awarded only for the first course completed with a grade of "C" or better or "P". Moorpark College Honors Program requires a letter grade.

**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** A1**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** B2**IGETC:** 5B**PSY M03 Personal Growth and Social Awareness 3 Units***In-Class Hours:* 52.5 lecture

*Advisories/Rec Prep:* English Composition (ENGL C1000 or ENGL C1000H) or placement as determined by the college's multiple-measure assessment process

*C-ID:* PSY 115

Focuses on how psychology is used in everyday life and is related to other social sciences. Surveys different psychological perspectives and theoretical foundations and how these are applied across a person's life taking into account the influence of factors such as culture, gender, ethnicity, historical cohort, and socio-economic status. Provides a broad understanding of how scientists, clinicians, and practitioners study and apply psychology.

**Catalog Notes:** Provider approved by the California Board of Registered Nursing; Provider number CEP2811 for 45 contact hours.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D, E**IGETC:** 4**PSY M04 Child Psychology 3 Units***In-Class Hours:* 52.5 lecture

*Advisories/Rec Prep:* PSY M01 or PSY M01H and ENGL C1000 or ENGL C1000H

Examines the stages of development: Prenatal and pregnancy, first 2 years, early childhood, middle childhood, adolescence and emerging adulthood. Addresses biological, physical, cognitive, emotional, and social development. Examines the influences of culture, family, society, and the environment on psychological development.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D, E**IGETC:** 4**PSY M05 Social Psychology 3 Units***In-Class Hours:* 52.5 lecture

*Advisories/Rec Prep:* PSY M01 or PSY M01H and ENGL C1000 or ENGL C1000H

*C-ID:* PSY 170

Considers individual human behavior in relation to the social environment. Examines the power of the situation, other individuals, and the social group. Emphasized topics include: aggression, prejudice and stereotypes, interpersonal attraction, attitudes and attitude change, conformity, group phenomena, gender roles, cultural norms, person perception, and social cognition.

**Catalog Notes:** Provider approved by the California Board of Registered Nursing, provider number CEP2811 for 45 contact hours.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D, E**IGETC:** 4**PSY M06 Introduction to Behavioral Research Methods 3 Units***In-Class Hours:* 52.5 lecture

*Prerequisites:* PSY M01 or PSY M01H and MATH M15 or MATH M15H

*Advisories/Rec Prep:* ENGLISH M01A

*C-ID:* PSY 200

Introduces basic research concepts and principles of behavioral science; descriptive and experimental research approaches; hypothesis formation and testing; experimental variables and controls; validity and reliability; experimental and quasi-experimental research designs; and research ethics. Examines research design and methodology through a review of research in a variety of the subdivisions of Psychology.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D**IGETC:** 4

**PSY M07 Developmental Psychology (Lifespan) 3 Units***In-Class Hours:* 52.5 lecture*Advisories/Rec Prep:* PSY M01 or PSY M01H and ENGL C1000 or ENGL C1000H*C-ID:* PSY 180

Provides an overview, from a psychological perspective, of human development from conception through death, including biological and environmental influences. Examines theories and research of physical, cognitive, personality, social, and cultural aspects of development, as well as attention to developmental problems.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Credit Limitations:** MC, CSU, and UC - CD M02 and PSY M07 combined - maximum credit, one course.

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D, E

**IGETC:** 4

**PSY M08 Abnormal Psychology 3 Units***In-Class Hours:* 52.5 lecture*Advisories/Rec Prep:* PSY M01 or PSY M01H and ENGL C1000 or ENGL C1000H*C-ID:* PSY 120

Introduces the scientific study of psychopathology and atypical behaviors, broadly defined. Investigates abnormal behavior from a variety of perspectives including biological, psychological, and sociocultural approaches. Surveys theory and research in abnormal behavior, and introduces intervention and prevention strategies for psychological disorders.

**Catalog Notes:** Provider approved by the California Board of Registered Nursing, provider number CEP2811 for 45 contact hours.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D, E

**IGETC:** 4

**PSY M10 Dying and Death 3 Units***In-Class Hours:* 52.5 lecture

Explores issues and decisions concerned with dying and death over the life span. Covers topics such as historical and cross-cultural perspectives, death socialization, medical ethics, the health-care system, legal issues, and after-life concerns.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D

**IGETC:** 4

**PSY M13 Human Sexuality 3 Units***In-Class Hours:* 52.5 lecture*Advisories/Rec Prep:* PSY M01 or PSY M01H and ENGL C1000 or ENGL C1000H*C-ID:* PSY 130

Explores psychological, biological, sociological, cultural and historical perspectives of human sexual behavior. Emphasizes the diversity of human sexual development and current research. Covers topics such as theoretical approaches to sexuality, sex research, sexual anatomy, physiology, sexual arousal and response, gender identity, sexual orientation, contraception, pregnancy, attraction, love & communication, sexually transmitted infections, HIV & AIDS, variations in sexual behavior, sexual challenges and therapies, sexual coercion and harassment, and sex work.

**Catalog Notes:** Provider approved by the California Board of Registered Nursing; Provider number CEP2811 for 45 contact hours.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D, E

**IGETC:** 4

**PSY M14 Cross-Cultural Psychology 3 Units***In-Class Hours:* 52.5 lecture

Focuses on the impact of cultural and societal influences on the psychological development of ethnic groups. Integrates traditional theoretical approaches in psychology to current cross-cultural research and theory in the study of African Americans, American Indians, Asian Americans, and Latinos. Covers research methodology; identity formation and ethnicity; cognition and intelligence; language development; family and gender roles; psychological stressors; behavioral disorders and clinical assessment; cross-cultural counseling techniques; and prejudice, discrimination and stereotypes.

**Catalog Notes:** Provider approved by the California Board of Registered Nursing, provider number CEP2811 for 45 contact hours.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading

**Degree Applicability:** Applies to Associate Degree

**AA/AS GE:** B2, F

**Transfer Credit:** CSU, UC

**UC Credit Limitations:** None

**CSU GE-Breadth:** D

**IGETC:** 4

**PSY M16 Personality Theories 3 Units***In-Class Hours:* 52.5 lecture*Advisories/Rec Prep:* PSY M01 or PSY M01H and ENGL C1000 or ENGL C1000H

Examines major topics in the field of personality psychology including theoretical approaches, assessment measures, and the philosophies and historical contributions of key figures to the study of personality. Includes topics such as psychoanalytic, neo-analytic, biological, behavioral, humanistic and existentialist, trait, interpersonal, cognitive, and interactionist theories and individual differences in personality.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** B2**Transfer Credit:** CSU, UC**UC Credit Limitations:** None**CSU GE-Breadth:** D**IGETC:** 4**PSY M80 Internship in Psychology 1-4 Units***In-Class Hours:* 75-300 paid cooperative

*Prerequisites:* Completion of or concurrent enrollment in one course in the discipline and instructor approval. **OTHER:** To take this course, contact the Career Transfer Center. Requires orientation session. Students receive one unit of credit for 60 hours of unpaid or 75 hours paid work. May enroll in up to 4 units a semester with a maximum of 16 total units of any type of work experience

Provides on-the-job learning to develop effective work habits, attitudes, and career awareness in paid or unpaid internships that are related to Psychology. Involves the development and documentation of learning objectives and the completion of an internship paper, presentation, or project. Includes both workplace supervisor and faculty adviser feedback and/or written evaluations.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Repeatable for Credit:** Course may be taken up to 3 times for credit.**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** None**Transfer Credit:** CSU**UC Credit Limitations:** None**CSU GE-Breadth:** None**IGETC:** None**PSY M122 Independent Study - Psychology 0.5-3 Units***Formerly:* PSY M22A*In-Class Hours:* 26.25-157.5 laboratory*Prerequisites:* Completion of one course in Psychology and instructor approval

Allows independent study for students who wish to extend their knowledge of a particular area of Psychology through research and study. Utilizes an approved independent project. Includes one-on-one work with instructor. Interested students should contact a Psychology instructor for assistance in developing a contract for learning about a specific topic.

**Grade Modes:** Letter Graded, Student Option- Letter/Credit, Pass/No Pass Grading**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** None**Transfer Credit:** CSU**UC Credit Limitations:** None**CSU GE-Breadth:** None**IGETC:** None**PSY M125 Statistics for the Behavioral and Social Sciences 3 Units***Same-As:* SOC M125*In-Class Hours:* 52.5 lecture*Prerequisites:* MATH M03 or placement as determined by the college's multiple measures assessment process*C-ID:* SOCI 125

Applies statistical methods to behavioral and social science data.

Includes descriptive and inferential statistics, levels and types of measurement, measures of central tendency and dispersion, normal t and chi-square distributions, probability and hypothesis testing, and correlation and regression. Applies statistical software to behavioral and social science data.

**Grade Modes:** Letter Graded**Degree Applicability:** Applies to Associate Degree**AA/AS GE:** D2**Transfer Credit:** CSU, UC**UC Credit Limitations:** MATH M15, MATH M15H, MATH M37DS, PSY M125 and SOC M125 combined: maximum credit, 1 course**CSU GE-Breadth:** B4**IGETC:** 2A

- Psychology, Associate in Arts for Transfer (<http://catalog.vcccd.edu/moorpark/programs-courses/psychology/psychology-aat/>)

## Dean

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## Faculty

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## Counselors

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