

REHABILITATION THERAPY AIDE, CERTIFICATE OF ACHIEVEMENT

support inclusive participation under the direction of licensed rehabilitation professionals.

The Rehabilitation Therapy Aide Certificate of Achievement prepares students for entry-level employment in hospitals, rehabilitation centers, skilled nursing facilities, outpatient clinics, and community health organizations. Students gain practical skills in applied anatomy and kinesiology, patient mobility and safety, basic therapeutic activity support, professional communication, and clinical workplace practices. This certificate serves as a direct-to-work credential while also providing a stackable pathway into Oxnard College's Exercise Science Associate of Science and higher-level allied health programs such as Physical Therapist Assistant (PTA), Occupational Therapy Assistant (OTA), Kinesiology, and Nursing.

Course ID	Title	Units/ Hours
Required Core Courses		
HED R117	Health Careers Exploration	3
HED R120	Medical Terminology	3
KIN R101	First Aid, CPR, and AED	3
KIN R201	Introduction to Exercise Physiology, Assessment, and Program Design	3
KIN R202	Introduction to Applied Kinesiology, Functional Anatomy, and Training Techniques	3
KIN R200	Intro to Rehabilitative Therapy Aide	2
Total Units Required for the Certificate:		17

To earn a Certificate of Achievement (COA), a student must complete all courses within the certificate with a grade of "C" or better (or "P").

Year 1		
Fall Semester		Units/Hours
HED R117	Health Careers Exploration	3
KIN R101	First Aid, CPR, and AED	3
KIN R201	Introduction to Exercise Physiology, Assessment, and Program Design	3
Units/Hours		9
Spring Semester		
HED R120	Medical Terminology	3
KIN R202	Introduction to Applied Kinesiology, Functional Anatomy, and Training Techniques	3
KIN R200	Intro to Rehabilitative Therapy Aide	2
Units/Hours		8
Total Units/Hours		17

- Apply basic concepts of anatomy, kinesiology, body mechanics, and planes of movement to support therapeutic activities and patient mobility in rehabilitation settings.
- Differentiate the roles of rehabilitation aides, assistants, and therapists while demonstrating ethical conduct, effective communication, and basic medical office practices appropriate for entry-level rehabilitation support positions.
- Recognize common rehabilitation modalities and apply safety principles and evidence-based practices to assist patients and