

# NUTRITION AND DIETETICS, ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science Nutrition and Dietetics for Transfer (AS-T Nutrition and Dietetics) provides preparation for students interested in careers in nutrition and dietetics. Some of the career opportunities for those who study nutrition and dietetics include Registered Dietitian (RD), Dietetic Technician Registered (DTR), Registered Dietitian Nutritionist (RDN), clinical dietitian, sports nutritionist, public health nutritionist, food safety auditor, oncology nutritionist, nutritional therapist, personal nutritionist, eating disorder nutritionist, nutritional therapist, and veterinary nutritionist.

The AS-T in Nutrition and Dietetics is intended for students who plan to complete a bachelor's degree in Nutrition and Dietetics or a "similar" major at a CSU campus. For a current list of what majors have been designated as "similar" to this degree at each CSU campus, please refer to CSU's Associate Degree for Transfer Major and Campus Search (<https://www.calstate.edu/apply/transfer/Pages/associate-degree-for-transfer-major-and-campus-search.aspx>) webpage and seek guidance from an Oxnard College counselor. Students completing this degree are guaranteed admission to the CSU system, but not to a particular campus or major.

## To earn an AS-T in Nutrition and Dietetics degree, students must:

- Complete a minimum of 60 CSU-transferable semester units including both of the following:
  - Certified completion of the Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth (CSU GE-Breadth) requirements.
  - A minimum of 26 semester units in the Nutrition and Dietetics major as listed in the Oxnard College catalog.
- Obtain a minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.
- Obtain a grade of "C" or better or "P" in all courses required in the major. Even though a "pass-no-pass" is allowed (Title 5 § 55063), it is highly recommended that students complete their major courses with a letter grade.
- Complete requirements in residency. For students in the Ventura County Community College District, a minimum of 12 units must be completed in residence at the college granting the degree.

Students transferring to a CSU campus that does accept the AS-T in Nutrition and Dietetics will be required to complete no more than 60 units after transfer to earn bachelor's degree (unless the major is a designated "high-unit" major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements.

Course ID	Title	Units/ Hours
<b>Required Core Courses</b>		<b>16</b>
HED R114	Introduction to Nutrition Science	

PSY R101	General Psychology	
or PSY R101H	Honors: General Psychology	
CHEM R120	General Chemistry I	
MICR R100 & R100L	Principles of Microbiology and Principles of Microbiology Laboratory	
<b>List A - Complete two courses from the following:</b>		<b>7-10</b>
CHEM R122	General Chemistry II	
CHEM R130	Organic Chemistry I	
ANAT R101	General Human Anatomy	
PHSO R101	Human Physiology	
MATH R105	Introductory Statistics	
or MATH R105H	Honors: Introductory Statistics	
or PSY R103	Beginning Statistics for Behavioral Science	
or SOC R125	Statistics for the Behavioral and Social Sciences	
<b>List B - Complete a minimum of one course from the following:</b>		<b>3-5</b>
If a Physics course is selected, the lab must also be taken		
BIOL R101	General Biology	
or BIOL R101H	Honors: General Biology	
BIOL R101L	General Biology Laboratory	
BIOL R120	Principles of Biology I	
BIOL R120L	Principles of Biology I Lab: Intro to Cellular and Molecular Biology	
CHEM R110	Elementary Chemistry	
CHEM R112	Elementary Organic and Biological Chemistry	
ACCT R101	Financial Accounting	
or ACCT R101H	Honors: Financial Accounting	
BUS R111	Business Law	
CIS R100	Introduction to Computer Information Systems	
CRM R104	Sanitation and Environmental Control	
HED R105	CPR, AED, First Aid, and Personal Safety	
MATH R115	College Algebra	
MATH R116	College Trigonometry	
MATH R120	Calculus with Analytic Geometry I	
PHYS R101 & R101L	College Physics 1 and College Physics 1 Laboratory	
PHYS R102	College Physics 2	
PHYS R121	Physics with Calculus 1	
PHYS R122	Physics with Calculus 2	
PSY R108	Developmental Psychology	
SOC R101	Introduction to Sociology	
or SOC R101H	Honors: Introduction to Sociology	
<b>Total Required Major Units</b>		<b>26-31</b>
CSU GE-Breadth		39
Double-Counted Units		- 13-19
Free Electives Required		3-14
<b>Total Units Required for AS-T Degree</b>		<b>60</b>
OR		
<b>Total Required Major Units</b>		<b>26-31</b>
IGETC		37
Double-Counted Units		- 10-16

Free Electives Required	2-13
<b>Total Units Required for AS-T Degree</b>	<b>60</b>

Upon successful completion of this program, students will be able to:

- Identify ways in which social factors influence food related choices, practices, and beliefs.
- Apply the science of nutrition to identify and analyze the role of nutrients in optimal health and well-being.
- Demonstrate a comprehensive knowledge of the relationship of nutrients and lifestyle factors and the associated risk of degenerative diseases.
- Demonstrate knowledge of physiological processes such as digestion, absorption, transport and metabolism of nutrients.
- Recognize and separate scientifically supported information from misinformation, and identify ways in which social factors influence food related choices, practices and beliefs.