

# PUBLIC HEALTH, ASSOCIATE IN SCIENCE FOR TRANSFER

The AS-T in Public Health provides preparation for students interested in careers in public health. Some of the career opportunities for those who study public health include epidemiologists, community health workers, environmental scientists, health educators, public health officers, biostatisticians, clinical research coordinators, nonprofit coordinators, research assistants, healthcare consultants, hospital administrators, clinical trial analysts, infection control officers, project managers, public health nurses, nutritionists, and behavioral scientists.

The Associate in Science in Public Health for Transfer (Public Health AS-T) is intended for students who plan to complete a bachelor's degree in Public Health or Health Science or a "similar" major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major. Each CSU campus determines which of the degrees it offers are "similar" and can be completed with the preparation included in the AS-T in Public Health within 60 units once a student transfers, so which majors are "similar" varies from CSU to CSU. For a current list of what majors (and what options or areas of emphasis within that major) have been designated as "similar" to this degree at each CSU campus, please refer to CSU's Associate Degree for Transfer Major and Campus Search (<https://www.calstate.edu/apply/transfer/Pages/associate-degree-for-transfer-major-and-campus-search.aspx>) and seek guidance from an Oxnard College counselor. The AS-T in Public Health may not be the best option for students intending to transfer to a particular CSU campus or to a college or university that is not part of the CSU system.

## To earn an AS-T in Public Health, students must:

- Complete a minimum of **60** CSU-transferable semester units including both of the following:
  - Certified completion of the Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth (CSU GE-Breadth) requirements.
  - A minimum of **33** semester units in the **Public Health** major as listed in the Oxnard College catalog.
- Obtain a minimum grade point average (GPA) of 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information.
- Obtain a grade of "C" or better or "P" in all courses required in the major. Even though a "pass-no-pass" is allowed (Title 5 § 55063), it is highly recommended that students complete their major courses with a letter grade.
- Complete requirements in residency. For students in the Ventura County Community College District, a minimum of **12** units must be completed within the district.

Students transferring to a CSU campus that accepts the **Public Health AS-T** will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is designated a "high-unit" major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements.

Course ID	Title	Units/Hours
<b>Required Core Courses</b>		<b>30-31</b>
HED R104	Personal Health and Wellness	
HED R113	Introduction to Public Health	
MATH R105	Introductory Statistics	
or MATH R105H	Honors: Introductory Statistics	
or PSY R103	Beginning Statistics for Behavioral Science	
or SOC R125	Statistics for the Behavioral and Social Sciences	
BIOL R101 & R101L	General Biology and General Biology Laboratory	
or		
BIOL R101H & BIOL R101L	Honors: General Biology and General Biology Laboratory	
<b>List A</b>		<b>3-5</b>
Complete one of the following:		
CHEM R110	Elementary Chemistry	
or CHEM R120	General Chemistry I	
ANAT R101	General Human Anatomy	
PHSO R101	Human Physiology	
MICR R100 & R100L	Principles of Microbiology and Principles of Microbiology Laboratory	
<b>List B</b>		
Complete the following course:		
HED R115	Social Determinants of Health, Disparities and Equities	<b>3</b>
<b>List C</b>		
Complete one of the following courses:		
HED R116	Stress Management and Health	<b>3-5</b>
PSY R110	Human Sexuality	
HED R101	Health and Society	
HED R114	Introduction to Nutrition Science	
CHEM R122	General Chemistry II	
PSY R101	General Psychology	
or PSY R101H	Honors: General Psychology	
PSY R108	Developmental Psychology	
SOC R101	Introduction to Sociology	
or SOC R101H	Honors: Introduction to Sociology	
<b>Total Required Major Units</b>		<b>24-28</b>
CSU GE-Breadth		39
Double-Counted Units		- 13-19
Free Electives Required		6-16
<b>Total Units Required for AS-T Degree</b>		<b>60</b>
OR		
<b>Total Required Major Units</b>		<b>24-28</b>
IGETC		37
Double-Counted Units		10-16
Free Electives Required		5-15
<b>Total Units Required for AS-T Degree</b>		<b>60</b>

Upon successful completion of this program, students will be able to:

- Demonstrate the ability to comprehend and apply the multidimensional approach of public health sciences.

- Identify proactive factors for disease prevention and risk factors for disease and disability.
- Demonstrate and apply behavior-changing techniques to maximize health and wellness.
- Demonstrate the concepts of research, program planning, and evaluation strategies.