

# NUTRITION AND DIETETICS, ASSOCIATE IN SCIENCE FOR TRANSFER

The Associate in Science Degree in Nutrition and Dietetics for Transfer (Nutrition and Dietetics AS-T) is intended for students who plan to complete a bachelor's degree in Nutrition and Dietetics or a similar major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major.

**Please note as of Fall 2024, requirement number 4 should read: "Complete requirements in residency. For students in the Ventura County Community College District, a minimum of 12 units must be completed in residence within the college district." per updates to AB 4100 Graduation Requirements for Degrees and Certificates; last reviewed in May 2024.**

To earn a Nutrition AS-T degree, students must complete:

1. Certified completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
  - a. The Intersegmental General Education Transfer Curriculum (IGETC-CSU) or the California State University General Education-Breadth Requirements.
  - b. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0 on transfer courses.
3. Obtainment of a "C" grade or better, or "P" in all courses required for the major or area of emphasis. Although a "P" grade is allowed (Title 5, Section 55063), it is recommended that students take the course for a letter grade (A, B, or C) due to unit limitations on "P/NP" courses.
4. Complete a minimum of 12 units in residency at the college granting the degree.

| Course ID                                       | Title                          | Units/<br>Hours |
|---|--------------------------------|-----------------|
| <b>Required Core</b>                            |                                |                 |
| CHEM V01A                                       | General Chemistry I            | 3               |
| CHEM V01AL                                      | General Chemistry I Laboratory | 2               |
| HED V87   | Nutrition                      | 3               |
| MICR V01  | General Microbiology           | 4               |
| PSY V01   |                                | 3               |
| Units from List A                               |                                | 8-10            |
| Units from List B                               |                                | 3-4             |
| <b>Additional Units/Requirements</b>            |                                |                 |
| Completion of CSU-GE Breadth or IGETC pattern   |                                | 37-39           |
| Electives (CSU transferrable units to reach 60) |                                | 4-11            |
| Double-counted units                            |                                | 10-16           |
| <b>Total Units</b>                              |                                | <b>67-79</b>    |

| Course ID                  | Title  | Units/<br>Hours |
|----------------------------|--|-----------------|
| <b>List A</b>              |  |                 |
| CHEM V01B & V01BL          | General Chemistry II and General Chemistry II Laboratory               | 5               |
| CHEM V12A & V12AL          | General Organic Chemistry I and General Organic Chemistry I Laboratory | 5               |
| ANAT V01<br>or PHSO V01    | Human Anatomy<br>Human Physiology                                      | 4               |
| PSY V04<br><br>or MATH V44 | Introductory Statistics for the Social and Behavioral Sciences         | 4               |

| Course ID       | Title  | Units/<br>Hours |
|-----------------|--|-----------------|
| <b>List B</b>   |  |                 |
| HED V32         | Principles of Food with Laboratory                         | 3               |
| BIOL V01 & V01L | Principles of Biology and Principles of Biology Laboratory | 4               |

**See a counselor or consult [assist.org](http://assist.org) (<http://assist.org>), especially if you plan to transfer to a UC campus or a college or university other than CSU.**

Upon successful completion of this program, students will be able to:

- Critically analyze information and contemporary issues in the field of nutrition science/dietetics.
- Assess how diet and nutrition can enhance overall wellness and reduce the risk of common lifestyle diseases.
- Identify career opportunities in the field of Nutrition/Dietetics and state the education required for each career.
- Describe food safety principles related to food, personnel and consumers.