

SOCIAL WORK/HUMAN SERVICES, ASSOCIATE IN ARTS

The Associate in Arts in Social Work/Human Services prepares students for careers in the helping professions, may prepare students for the first two years of their transferable Human Services education, and enhances the skills of persons already employed in this field. In addition, students will be provided with several personal/interpersonal skills needed to live healthy lives and deal with the stressful demands of daily living.

Social Work/Human Services is a program of study for those interested in employment in such diverse settings as group homes and halfway houses; prisons, developmental disability agencies, and community mental health centers; family, child, and youth service agencies; and programs concerned with alcoholism, drug abuse, family violence, homelessness, aging, or other social issues. The primary focus of the human service worker is to assist individuals and communities to function as effectively as possible in the major domains of living as case managers, advocates, grant writers, youth workers, volunteer coordinators, human resource specialists, trainers, fundraisers, or paraprofessional educators. The Social Work/Human Services Associate in Arts and Certificate of Achievement programs are structured around interrelated components including theoretical foundations/intervention strategies, client population/cultural diversity, research/evaluation, and skill development/field experience. Successful completion of appropriate coursework will enable students to either further their education, seek employment in a variety of social service organizations, or both.

Human Services professionals provide support for individuals and families as they move through the network of social services designed to assist individuals in need.

Course ID	Title	Units/Hours
Required Core Courses (20 units):		
PSY V01	Introduction to Psychology	3
SOC V01	Introduction to Sociology	3
SWHS V01	Introduction to Social Work and Human Services	3
SWHS V02	Social Work Skills I: Basic Individual Intervention	3
SWHS V03	Basic Skills in Social Work Intervention II	3
SWHS V10	Fieldwork: Social Work and Human Services	3
SWHS V10L	Fieldwork: Social Work and Human Services Laboratory	2
Required Additional Courses:		
List A: Select one (1) of the following courses; students must also complete the affiliated lab course when indicated (3–4 units):		
BIOL V01 & V01L	Principles of Biology and Principles of Biology Laboratory	3+1
BIOL V12	Human Biology	3
List B: Select one (1) of the following courses (3–4 units):		
MATH V44	Elementary Statistics	4

or PSY V04	Introductory Statistics for the Social and Behavioral Sciences	
SOC V02	Social Problems	3
SOC V04	Sociology of Gender Roles	3
SOC V05	Sociology of Relationships: Intimacy, Commitment, and Family Patterns	3
SOC/PSY V31	Introduction to Social Psychology	3

General Education	
This A.A. degree requires completion of the Ventura College General Education pattern.	

Total Required Major Units	26–28
Ventura College General Education Pattern	29
Double-Counted Units	(6–9)
Free Electives Required	10–13

Total Units Required for the A.A. Degree	60

Recommended Courses

In addition to the required courses listed above, it is recommended that students who seek to obtain additional insight into this field of study consider taking one or more of the following courses: COMM V15, PSY V05, PSY V15, and/or SOC V07. Although these supplemental courses may be of value to the student, please note that they do **not** satisfy the requirements for this degree.

Year 1		
Fall Semester		
ENGL V01A	English Composition	4
PSY V01	Introduction to Psychology	3
SOC V01	Introduction to Sociology	3
SWHS V01	Introduction to Social Work and Human Services	3
AA/AS GE Area E2		1
		Units/Hours
		14
Spring Semester		
BIOL V01 & V01L	Principles of Biology or Human Biology	3-4
or BIOL V12		
SWHS V02	Social Work Skills I: Basic Individual Intervention	3
AA/AS GE Area D2 (MATH V44 or PSY V04 recommended)		3-4
AA/AS GE or free elective		3
AA/AS GE or free elective		3
		Units/Hours
		15-17
Year 2		
Fall Semester		
SOC V02	Social Problems	3
SWHS V03	Basic Skills in Social Work Intervention II	3
List B course, or AA/AS GE if either MATH V44 or PSY V04 has been completed		3-4
AA/AS GE or free elective		3
AA/AS GE or free elective		3
		Units/Hours
		15-16
Spring Semester		
SWHS V10	Fieldwork: Social Work and Human Services	3
SWHS V10L	Fieldwork: Social Work and Human Services Laboratory	2
AA/AS GE or free elective		3
AA/AS GE or free elective		3
AA/AS GE or free elective		3

Free elective (if needed to complete 60 units)	2-3
Units/Hours	16-17
Total Units/Hours	60-64

Upon successful completion of this program, students will be able to:

- Demonstrate conceptual understanding of system concepts, theories, and techniques that are foundational to the practice of human/social services.
- Demonstrate an understanding of assessment methods, treatment planning, and case management.
- Demonstrate understanding of recovery-oriented behavior health services.